

Continuing Education Center

Spring 2013 Schedule | www.ivcc.edu/cec

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[For Work]

Quickbooks Pro 2012 2 Facebook for Business 4 Pharmacy Technician 9

[For Play]

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Art Appreciation 27 Basic Digital Photography 14 Landscape Design 18

[For a Get-a-way]

Gourmet Chicago 16 Paris Rendezvous 16 Frank Lloyd Wright Experience 17 A Day in the Garden 17 beyond the rest

No Place So Close Can Take You So Far



January is the time of year when we make new plans, for our careers and for our busy lifestyle! Decide to learn new skills and talents, expand your personal interests, and grow your company. Let the Continuing Education Center schedule be your guide for growth opportunities with new classes and events. See all that we have to offer.



Community Education

Online Classes

IVCC Online Courses

Convenient, Affordable, and Effective

Take IVCC ed2go courses anywhere and when it's most convenient for you.

Choose from over

300 online classes

available every month.

For Business

Creating Web Pages Project Management Fundamentals A to Z Grantwriting Start a Pet Sitting Business Achieving Success with Difficult People

For Teachers [Earn CPDUs]

Spanish in the Classroom Teaching ESL/EFL Grammar Teaching ESL/EFL Vocabulary Singapore Math: Number Sense & Computational Strategies

For Nurses [Earn CE Hours]

Certificate in Spirituality, Health, and Healing Certificate in End of Life Care Certificate in Perinatal Issues

For Personal Enrichment

Homeschool with Success Write Your Life Story Introduction to Natural Health & Healing Understanding Adolescents Navigating Divorce Start a Pet Sitting Business Luscious, Low-Fat, Lightning Quick Meals

HOW TO GET STARTED:

- Select Your Course from our web-site: www.ed2go.com/ivcc. Click on "Enroll Now" and complete the on-line orientation program. Note: You cannot pay at the ed2go site and are not officially registered with IVCC until you complete Step 2.
- Register and Pay at IVCC via phone, online, fax or mail. We accept online registration and payment for courses at www.ivcc.edu/onlinecec. You can phone your registration to 815-224-0447. Mail or fax registrations using the form on page 32. Be sure you are registered at IVCC and have paid no later than the day before your class starts.
- **3.** Begin the Course on the day your course begins return to www.ed2go.com/ivcc and click "Classroom" link. Log in with the name and password your provided during orientation.

View our online course catalog at www.ed2go.com/ivcc



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Student Testimonials

See what students have said about our classes...

Creative Gourd Art : Bill Ferguson

"Enjoyed the class and would recommend class and teacher to others."

Breathing for Life : Dan Retoff

"Instructor and material were very insightful. Will use what I learned throughout my life."

Computer Basics : Kathy Baker "Great class"

Soapy Suds Adventure : Dawn Rorem

"Enjoyed the class very much! Her skills are inspiring!"

Culinary : Chef Tim Freed

"Tim was very knowledgeable about everything. I'm very science oriented and he was able to explain exactly how food cooks and reasons for doing certain things to make food taste and prepare better."

Understanding Medicare & Medicaid : Dick Volker

"Lots to Learn! Practical Information! Great Instructor!"

Learn to Use Your iPad : Pamela Klarup "Very good class for beginners." "Great class – Lots of useful hints!"

Sell Your Treasures on ETSY : Pamela Klarup

"Enjoyed the class. A lot to think about, but excited to get started."

Continuing & Professional Education

For busy professionals and career seekers to acquire skills needed to improve work performance or prepare for a new career.

- 2-3 Computers
- 4 **Business**
- 5 Small Business Development
- 6 **OSHA & Safety**
- 7 Home Inspection & Online Career Programs
- 8 **Online Fashion Design & Sleep Technician**
- 9 Healthcare Career Programs
- 10 Nursing & Massage
- 11 Teachers
- 12 Food Service Sanitation



Unless otherwise stated, these courses are designed for adults 18 and over.



For people in our community wanting courses, activities and cultural experiences to enrich their lives and continue their learning adventure.

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Look for this icon throughout for classes at the IVCC Ottawa Campus.

CONTINUING PROFESSIONAL EDUCATION



Computers

Microsoft Word 2010 [Level 1]

This class covers beginning level skills and is ideal for the newercomputer user who wants to become well versed in Word. You willbe introduced to the Ribbon interface, working with text, printing,using proofreading tools, creating bulleted and numbered lists, tablesand forms, and more. *Textbook and 2GB flash drive required.Tue6-9 p.m.Feb 5-264 SessionsDoreen BalzariniA-323, IVCCCEX-4021-302\$99

Microsoft Word 2010 [Level 2]

Explore a variety of features: newsletter columns, WordArt and clip art, document themes, styles, picture editing, using mail merge, footnotes and endnotes, headers and footers, templates, table of contents and indexes, inserting SmartArt graphics, formatting page backgrounds, and more. Each student will create a research paper and a promotional brochure. ***Textbook and 2GB flash drive required.** No class: Mar 12.

Tue	6-9 p.m.	Mar 5-Apr 2	4 Sessions
Doreen Balzarini	A-323, IVCC	CEX-4022-303	\$99

Microsoft Word 2010 [Level 3]

Take your knowledge of Microsoft Word a step further. This class will teach you to create a table of contents, track changes in documents, and protect documents. Learn how to integrate other programs with Word including using mail merge features in conjunction with Excel, and creating Word documents for use in PowerPoint. Create forms, set passwords, prepare documents for sharing and control document access. ***Textbook and 2GB flash drive required**.

Tue	6-9 p.m.	Apr 9-30	4 Sessions
Doreen Balzarini	A-323, IVCC	CEX-4023-304	\$99

Quickbooks Pro 2012 [Part I]

Utilize Quickbooks to pay bills to outside vendors, record customer payments and analyze financial data. Navigate the menus, record expenses and pay bills, invoice customers and track receivables, and generate reports and graphs. *Textbook and a 2GB flash drive required. No class Mar 11.

Mon	6:30-9:30 p.m.	Feb 25-Mar 25	4 Sessions
Kathryn Baker	A-323, IVCC	CEX-4708-302	\$99

■ Quickbooks Pro 2012 [Part II]

Students should be familiar with the basics of Quickbooks to enroll in this course. Students will perform advanced functions including job costing, tracking, creating estimates, working with balance sheets, sales tax, payroll and paying expenses. ***Textbook** and a 2GB flash drive required

Mon	6:30-9:30 p.m.	Apr 1-22	4 Sessions	
Kathryn Baker	A-323, IVCC	CEX-4709-304	\$99	

Microsoft Outlook 2010

Topics introduced will be the Outlook Ribbon interface, navigating in Outlook, setting email options, sending messages, attaching files, responding to messages, creating contacts, distribution lists, creating notes, tasks and journal entries, and archive folders. The course will also cover calendar sharing, snapshots, meeting cancellations, To Do Bar, calendar overlays, and meeting update controls. ***Textbook and 2GB flack drive required** *No class: Mar.* **13**

200 hash arrectedured. No class. Mar 10.				
Wed	6-9 p.m.	Mar 6-Apr 3	4 Sessions	
Doreen Balzarini	A-323, IVCC	CEX-4904-303	\$99	

Microsoft Publisher 2010

Students will be introduced to the Publisher ribbon, plan and design publications, use various tools to enhance publications, explore templates, add and edit graphic images, and modify building blocks. Bring your creative side to class to prepare attractive personal,

business, and promotional documents. ***Textbook and 2GB flash** drive required.

Wed	6-9 p.m.	Apr 10-May 1	4 Sessions
Doreen Balzarini	A-323, IVCC	CEX-1203-304	\$99

DON'T FORGET YOUR TEXTBOOKS!

If you are taking courses at the Ottawa Center, you can have your textbooks delivered to the center at no charge. Have your course number ready. Order your books online at www.ivccbookstore.com or call the bookstore at 815-224-0311 for more information.

Computers

Computer Basics [Intro to Windows]

Learn basic skills for using Windows 7 in this hands-on workshop. If you're new to computers, we'll start with turning the computer on and proceed at a comfortable pace. You will learn the features of My Computer, Recycle Bin, customize your desktop, run multiple programs and use shortcuts. Learn to install programs, check your hard disk drive, delete and restore files, and change your mouse settings. Your instructor will use plain language and hands-on demonstrations, with practice and individual help. *Textbook and a 2GB flash drive required

Wed	6-9 p.m.	Feb 6-27	4 Sessions
Doreen Balzarini	A-323, IVCC	CEX-4408-302	\$99
Thu Kathryn Baker	3:30-5:30 p.m.	Mar 21-Apr 25	

Ottawa Center

OTTAWA CENTER COMPUTER CLASSES

• PowerPoint 2010 [Level 1]

This class covers beginning level skills. Topics introduced include the Ribbon interface, document themes, bulleted lists, outlines, formatting text, printing presentations, transitions, clip art and graphics, charts, slide show delivery, and more. Learn about the changes introduced in 2010 including artistic effects with photos and background removal.*Textbook and 2GB flash drive required. No class: Feb 18.

Mon/Wed	3:30-5:30 p.m.	Feb 11-Mar 4	6 Sessions
Kathryn Baker	Rm 112	CEX-4309-602	\$99
	Ottawa Center		

• PowerPoint 2010 [Level 2]

This class moves the user through enhancing your presentation by adding headers, footers, multimedia through video and audio clips, and tables in many styles. You will be introduced to customizing themes and slide masters which will make future presentations easier to create and present.

Mon/Wed	3:30-5:30 p.m.	Mar 18-Apr 3	6 Sessions
Kathryn Baker	Rm 112	CEX-4310-603	\$99
	Ottawa Center		

PowerPoint 2010 [Level 3]

This class covers connecting and broadcasting presentations using hyperlinks and embedding objects. You will also learn how to transport your new PowerPoint presentation to your meeting or family reunion. Lastly, you will learn how to integrate with other Office programs that will bring everything together in your presentation.

Mon/Wed	3:30-5:30 p.m.	Apr 8-24	6 Sessions	
Kathryn Baker	Rm 112	CEX-4311-604	\$99	
	Ottawa Center			

Microsoft Excel 2010 [Level 1]

Designed for beginners, you will gain basic skills in this spreadsheet program. At the completion of class you will be able to create and edit worksheets, enter formulas, format cells and entries, manipulate data, use various automated tools and create charts. ***Textbook and a 2GB flash drive required**.

Fri	1-4 p.m.	Feb 15-Mar 8	4 Sessions	
Kathryn Baker	Rm 112	CEX-4115-602	\$99	
	Ottawa Center			

• Microsoft Excel 2010 [Level 2]

Learn to work with multi-sheet workbooks, use financial functions and analysis tools, pivot tables, styles and outlines, use illustrations, and create an Excel database. ***Textbook and a 2GB flash drive required.** Fri 1-4 p.m. Mar 22-Apr 12 4 Sessions Kathryn Baker Rm 112 CEX-4116-603 \$99 Ottawa Center

• Microsoft Excel 2010 [Level 3]

Learn to work with spark lines, pivot tables and charts, macros, financial functions, data analysis tools, auditing functions, collaboration and more. ***Textbook and a 2GB flash drive required**.

Fri	1-4 p.m.	Apr 19-May 10	4 Sessions
Kathryn Baker	Rm 112 Ottawa Center	CEX-4117-604	\$99

Microsoft Word 2010 [Level 1]

See class descript	tion on page 2.		
Tue	3:30-5:30 p.m.	Apr 2-May 7	6 Sessions
Kathryn Baker	Rm 112	CEX-4021-604	\$99
	Ottawa Center		

PLEASE NOTE:

Ottawa Center is located at 321 W. Main Street • Ottawa, IL

Business

Link-up with LinkedIn

LinkedIn is an online networking site that allows you to make connections with other professionals and has become a cyberspace "must" for everyone currently working or looking for work. Join us for a laid-back, hands-on introduction to the basics of LinkedIn. Learn how to set up and personalize your account, how to complete a profile, and how to invite others you know to join your network.

Tue	6-9 p.m.	Feb 19	1 Session
Pamela Klarup	A-208, IVCC	CEX-4614-302	\$39

Sell Your Treasures on ETSY NEW 2 Session Format

Attention all artists and vintage lovers! The hottest way to sell your artwork or vintage items is online at Etsy.com. Learn what to do and what not to do to open an Etsy shop. Pick up tips on photographing your items, writing effective item descriptions, integrating with social media sites, and simple ways to optimize search engine results.

Learn how to set up your Etsy shop in the first session and then the second session will be more in depth and hands on with your online Etsy shop.

Tue	6-9 p.m.	Feb 26	
Tue	6-8 p.m.	Mar 5	2 Sessions
Pamela Klarup	A-208, IVCC	CEX-4611-302	\$79

Facebook for Business Marketing

This course will help you use Facebook and content marketing to drive traffic to your website and generate awareness for your business. CEU: .3

Wed	6-9 p.m.	Mar 6	1 Session
Ted Parisot	C-325, IVCC	CEU-4609-303	\$89

Mission Possible: Editing & Proofreading Your Own Writing

How many times have you heard people say it's impossible to proofread your own work? And as for editing, who can remember all those rules? Based on the premise that writing is a process (prewriting, composing, and editing/proofreading), this session will help you master the last task of the process. We'll look at the most common sentence structure and punctuation errors to look for. Most of the session will be devoted to actual practice with samples provided by the instructor. Participants may bring samples of their own work to share with the group. Participants will leave with handouts to use as reminders when editing. CEU: .3

Wed	6-9 p.m.	Mar 13	1 Session
Dr. Marydale	C-325, IVCC	CEX-7620-303	\$39
Stewart			



Employment Law Fundamentals

Learn the basics of employment law so you can legally hire, evaluate and manage employees as a manager, supervisor, small business owner, human resource specialist, or corporate executive. Learn the difference between an employee and independent contractor; the basic types of employee benefits; effective hiring, evaluation, and termination procedures; methods to resolve employment disputes in and out of court; discrimination and union laws; and workplace safety rules. Course Number: WWW-1000 \$99

Managing Customer Service

As a manager, you probably interact with customer service personnel every day. But are you empowering your organization with quality customer service suggestions? In this six-week online course, you'll discover the dynamite methods for bringing out the best in your team, measuring customer service, and learning what you need to do to anticipate the needs of your reps and your customers. As an added bonus, you'll unlock the power of leading by example and setting new trends for customer service in your growing business. Course Number: WWW-1000 \$99

Administrative Assistant Fundamentals

Rapid growth in health, legal services, public relations, and other industries have created many new job opportunities for administrative assistants. Discover the essentials of managerial and staff support, information and records management, communications technology, travel and meeting coordination, space planning, and office ergonomics. You'll become an indispensable member of your team by identifying opportunities and implementing solutions to turn your office into a high productivity machine. This course may help you prepare for the internationally recognized Certified Professional Secretary (CPS) and Certified Administrative Professional (CAP) exams offered by the International Association of Administrative Professionals. Course Number: WWW-1000 \$99

Additional courses are available in: Business Communication and Leadership, Business Fundamentals, Business Software, General Business and Management, Project Management, Database Management, Business Writing and more.

Continuing Professional Education STARTING A SMALL BUSINESS

UStarting a Business in Illinois

Starting a new business is both exciting and frightening. This workshop covers registering a business name, obtaining a tax ID number, choosing appropriate forms of insurance, keeping records, choosing a legal form of ownership and other start-up issues. This seminar is intended for those not vet in business.

Tue Bev Malooley	6-8 p.m. Rm101, Bldg. H IVCC-East Campus	Feb 5 CEX-9508-302	1 Session \$35
Tue Bev Malooley	6-8 p.m. Rm 105 Ottawa Center	Mar 19 CEX-9508-633	1 Session \$35

🔱 Open For Business Series

This four-part roundtable series is an opportunity for local businesses to review and refresh their knowledge of trends on how to manage a business and employees, reviewing financial reports and accounting practices, retail merchandising, and marketing. **Register for all four**

sessions for \$180.0	r pick and choose white	ch session to atter	iu ior 555 each.
Thu	7:30-9:30 a.m.	Feb 7-28	4 Sessions
	Conference Room	CEX-9527-402	\$180
	Bureau Co. Republ	ican Center, Prin	ceton

Thu	7:30-9:30 a.m.	Mar 7-28	4 Sessions
	Rm 101	CEX-9527-603	\$180
	Ottawa Center		

🕖 Part I: Managing Your Employees

Learn the basics of writing a policy manual and how to write and administer constructive yearly performance plans to enhance employee productivity and skills.

Thu Bev Malooley	7:30-9:30 a.m. Conference Room Bureau Co. Republ		•
Thu	7:30-9:30 a.m.	Mar 7	1 Session
Bev Malooley	Rm 101	CEX-9524-603	\$55

Part II: Financial Literacy for Business Owners

Ottawa Center

Learn how to plan for profitable growth and improve business performance by knowing how to understand and utilize the financial outcomes from your business

infuncial outcomes	, nom your business	·	
Thu	7:30-9:30 a.m.	Feb 14	1 Session
Gina	Conference Room	CEX-9528-402	\$55
Czubachowski	Bureau Co. Republi	ican Center, Prin	ceton
Thu	7:30-9:30 a.m.	Mar 14	1 Session
Gina	Rm 101	CEX-9528-603	\$55
Czubachowski	Ottawa Center		

Writing a Business Plan

A business plan is a necessity for any business, especially if you want to reduce your risk. In this seminar, you will begin to develop the basic foundation for organizing and writing a comprehensive business plan as well as preparing revenue and expense projections. Learn why it is an important tool for long-range planning, submitting financial proposals, and developing strategies.

· · ·	15 5		
Tue	6-8 p.m.	Apr 23	1 Session
Bev Malooley	Rm 101, Bldg. H	CEX-9501-304	\$65
	IVCC-East Campus		

UPart III: Retail and Service Business

Learn how to assess the internal operations of your business by taking a look at the appearance of your store or office, customer service skills, vendors and customers, merchandising/seasonal

opportunities, and	i monitoring invento	ry/product mix.	
Thu	7:30-9:30 a.m.	Feb 21	1 Session
Bev Malooley	Conference Room	CEX-9529-402	\$55
	Bureau Co. Republ	ican Center, Prin	ceton
Thu	7:30-9:30 a.m.	Mar 21	1 Session
Bev Malooley	Rm 101	CEX-9529-603	\$55
	Ottawa Center		

UPart IV: Managing Social Media for Small Business

Enhance your understanding of the internet as a critical marketing tool and learn how to utilize this tool to maximize your business goals. Learn how to create an internet presence that gets your business found.

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Thu	7:30-9:30 a.m.	Feb 28	1 Session
Ted Parisot &	Conference Room	CEX-9530-402	\$55
Gina	Bureau Co. Republi	ican Center, Prin	ceton
Czubachowski			
Thu	7:30-9:30 a.m.	Mar 28	1 Session
Ted Parisot &	Rm 101	CEX-9530-603	\$55
Gina	Ottawa Center		
Czubachowski			

Illinois Small Business Development Center

The leader in providing small business owners and entrepreneurs with the tools and guidance needed to become successful in today's challenging economic climate. **Ouestions?** Please Call: 815.224.0212

www.ivcc.edu/sbdc Linked in



twitter3



Forklift Train-the-Trainer

This class will cover the classroom requirements of the Powered Industrial Truck Standard. OSHA defines a powered industrial truck as a "mobile, power propelled truck used to carry, push, lift, stack, or tier material." Manual operated pallet movers, earth moving and agricultural equipment is not covered by this regulation. This class will review the Powered Industrial Truck Training Standard and include the requirements for an in-house training program. CEU: .3 1 Session Feb 11 Mon 1-4 p.m. Jeff Clark C-325, IVCC CEU-7214-02 \$129

10 Hour Construction Course

Participants will learn the major provisions of OSHA. Primary topics include: the inspection and citation process, working and walking surfaces, emergency plans and exit routes, material safety data sheets and labeling, electrical safety, machine guarding and record keeping. OSHA's 10 Hour Construction card will be earned upon completion of this class. CEU: 1.0

Thu/Fri	Thu: 8 a.m3 p.m.	Fri: 8 a.m12 p.m.
Feb 21 & 22	C-325, IVCC	2 Sessions
Jeff Clark	CEU-7218-02	\$269

Electrical Safety Related Work Practices

This course is for individuals responsible for employees working on or near electrical energized equipment and risk the possibility of electrical shock. This training will include the topics of Subpart S of OSHA's Electrical standard and the NFPA's 70E Arc Flash requirements including Limits of Approach, Hazard/Risk Evaluation Procedures, selecting Flame-Resistant (FR) clothing and electrical work permits. A complete understanding of OSHA's Control of Hazardous Energy (Lock Out 29 CFR 1910.147) including various ways on how to develop your specific lock out procedures and other documentation will be presented in this class. CEU: .3

Mon	1-4 p.m.	Mar 11	1 Session
Jeff Clark	C-325, IVCC	CEU-7237-03	\$129

10 Hour General Industry

Participants will learn the major provisions of OSHA requirements. Primary topics include: the inspection and citation process, working and walking surfaces, emergency plans and exit routes, material safety data sheets and labeling, electrical safety, machine guarding and record keeping. OSHA's 10 Hour General Industry card will be earned upon completion of this class. CEU: 1.0

Mon/Tue	Mon: 1-4 p.m.	Tue: 8 a.m4 p.m.	
Apr 15-16	C-325, IVCC		2 Sessions
Jeff Clark	CEU-7203-04		\$269

Home Inspection

Home Inspection Information Session

Do you have the desire to run a small business? Are you interested in construction and how things work? Are you a detail-oriented person? Do you enjoy meeting and helping people? Whether you are seeking part-time or full-time employment, home inspection may be the career choice for you. Gain insight into this profession from a practicing home inspector, find out about the income potential, and learn the steps to take to become a licensed home inspector.

Sat	9-11 a.m.	Feb 9	1 Session
Charles	U-304	CEX-9951-402	Free
Bellefontaine	Kishwaukee College		

Home Inspection Pre-Licensing Program

Prepare for the Illinois Home Inspection State Licensing Exam with this state-approved course consisting of classroom, online, and two days of in-field instruction with real home inspections. Topics include the physical components of a home, communication skills, knowledge of professional practices, and insight into what may go wrong as well as the cause and implications of problems that result. Participants will receive clear direction concerning what to look for during an inspection, such as signs of non-performance due to old age, deferred maintenance, weather damage, and poor workmanship. Our instructors are experienced licensed home inspectors and active members of the American Society of Home Inspectors [ASHI]. Upon completion of the approved pre-licensing course, applicants must pass the Home Inspection State Licensing Exam before they are eligible for a license in the State of Illinois. **Cost of exam is NOT included in the course fee. E-mail access and an internet connection are required for this course**.

The first five sessions of classroom instruction will be held at Kishwaukee College in Malta, Illinois, in computer lab A-350, on the following Saturdays: Feb 23, Mar 9 & 23, Apr 13 & 27. Field inspections and instruction will be held at Rock Valley College in Rockford on Saturday, May 11.

Sat	8 a.m4 p.m.	Feb 23-May 11	6 Sessions
	CCE-1500-150		\$899

Locations: Kishwaukee College & Rock Valley College Instructors: Charles Bellefontaine & Corey Friedman

A payment plan option is available for students registered by February 13, 2013. Call 815-224-0207 for more information.

Note: Once registered, you will be mailed textbooks, syllabus, and instructions for the online portion of the class. Please REGISTER early as there is homework which must be completed prior to the first full day of instruction. IVCC is offering this program in cooperation with Kishwaukee College and Rock Valley College. For more information about program delivery and to register call IVCC's Continuing Education Center at (815) 224-0427.

Online Career Programs

Gatlin Education Services (GES) is the country's largest and most successful provider of online career training programs. These open enrollment, instructor-led programs are designed to provide the skills necessary to acquire entry-level positions for many occupations, all within a three month delivery window. Instructors are involved in the student's online learning experience. Each program has a set of lessons and tests; grades are a combination of computer-graded tests and the instructor's evaluation of the student's work. Additional information is available at www.gatlineducation.com. **Cost of books and materials are included in the tuition fee**.

To register, contact the Continuing Education Center at (815) 224-0427. Over 100 Online Career Programs available at www.gatlineducation.com. Classes start monthly.

REFUND POLICY for Gatlin Education Services Online Classes: There will be NO refunds granted once GES provides the student with an access code. There will be NO exceptions.

■ Paralegal [225 hours]

This course prepares students for an entry-level paralegal position. Course includes free access to Westlaw, an online legal research service, and official NALA prep courses. In order to meet the eligibility requirements to sit for the CP/CLA credentialing exam using this course, you must also hold a Bachelor's Degree in any field, or you must have seven years of experience as a legal assistant. **Course fee does NOT include National Exam. Course number: CPD-5101 Course fee: \$1,595**

Administrative Professional with Microsoft Office 2010 Master [380 hours]

Start your career as an administrative professional with this online training program. Learn administrative skills, travel and event planning techniques, effective communication skills, and more. This unique program will give you the skills you need to be a successful administrative professional, as well as a master of Microsoft's suite of programs. The Microsoft Office 2010 Master program is the only performance-based certification program approved by Microsoft to validate business computer skills using Excel, Word, PowerPoint, and Outlook. **Course number: CPD-5305 Course fee: \$1,995**

CompTIA[™] A+ Certification Training [150 hours]

CompTIA A+ certification is the industry standard for validating the skills of entry-level computer technicians. It opens the door to an exciting career in computer technology, and Gatlins's online program makes training convenient and interactive. **Course fee does NOT include National Exam**. **Course Number: CPD-5304 Course Fee: \$1.695**

Online Fashion Design

Achieve your fashion design goals in a virtual classroom led by Eric W. Stiles, Sr., Master Tailor and Designer with over 35 years of experience at Giorgio Armani, Polo-Ralph Lauren, and others. For more information, visit www.ewsacademy.org, or contact the instructor at: ewsacademy1802@ewsacademy.org

Materials Required: A material list will be provided on the first day of class. Supplies are not included in the price of the course. You will need a sewing machine at home and high speed internet connection.

Level 1: It is recommended to take the Sewing/Construction and Pattern Drafting classes together. No sewing experience is required

Basic Sewing/Construction [Level 1]

Learn how to sew and special techniques that top European and Domestic designers use in their clothing construction, fitting, and pressing.

Mon	Online	Feb 11-Mar 4	4 Sessions
Eric Stiles	WWW-1363-102		\$48
Mon	Online	Mar 25-Apr 15	4 Sessions
Fric Stiles	WWW-1363-103	\$48	

■ Basic Pattern Drafting [Level 1]

Draft professional pattern formulas from beginning to end for ready-to-wear and custom garments.

Mon	Online	Feb 11-Mar 4	4 Sessions
Eric Stiles	WWW-1364-102		\$48
Mon	Online	Mar 25-Apr 15	4 Sessions
Eric Stiles	WWW-1364-103		\$48

Level 2: It is recommended to take Sewing /Construction and Pattern Drafting [Level 2] classes together. Pre-requisite: Completion of Level 1 Classes.

Sewing/Construction [Level 2]

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≥ Mon	Online	Mar 25-Apr 22	5 Sessions
Mon Eric Stiles	WWW-1371-103		\$60

Pattern Drafting [Level 2]

Mon Eric Stiles	Online	Mar 25-Apr 22	5 Sessions
Eric Stiles	WWW-1372-103		\$60

Advanced Sewing/Pattern Drafting [Level 3]

Draft the full scale of skirt and pant drafts on brown drafting paper.Find out how to make the needed adjustments on these patterns
for yourself and/or clients. The construction of skirt and pant patterns
will be covered in this class. Pre-requisite: Completion of Levels 1 and 2.Mon/ThuOnlineMar 25-May 212 sessionsEric StilesWWW-1373-103\$144

Classes in Alterations and Draping are listed at www.ivcc.edu/cec. Select Continuing and Professional Education for a full course listing.

Sleep Technician

Sleep Technician NEW Blended Learning Format

IVCC's four week Sleep Technician Basic Training course is an A-STEP program (Accredited Sleep Technology Education Program) which is accredited by the American Academy of Sleep Medicine. The A-STEP 80 hour introductory course includes online lecture segments that are to be completed prior to your first day in the classroom and will take approximately 30 hours to complete. This program is designed to provide a solid foundation for the sleep technician as recommended by the American Academy of Sleep Medicine [AASM], plus 22 hours of clinical experience in an accredited sleep lab. Whether new to the field or arriving with experience, the tools gained from this program will help cultivate an understanding and appreciation for the importance of sleep data collection and the analysis process. Participants will develop the skills to collect a quality sleep study with an introduction to polysomnography scoring procedures. They will achieve the essentials necessary, as set forth by the AASM's 29 standards of achievement, to promote an understanding of basic principles of polysomnography and the role of the sleep technician. Topics include abnormal sleep patterns, collecting an EEG signal, sleep staging, respiratory events, and medications. Participants will emerge highly prepared for a professional position as a trainee in a sleep disorder center.

Students will attend a clinical observation at the sleep center prior to beginning the classroom portion of the course. This first clinical is observation only and three subsequent clinical sessions will include hands-on participation. Students will complete a total of 22 clinical hours.

REGISTRATION DEADLINE: Monday, March 18, 2013

A payment plan option is available for students registered by February 13, 2013. Call 815-224-0207 for more information. There is a YouTube video available at www.ivcc.edu/cec that prospective students are encouraged to view.

Online Self Learning [30 Hours] IVCC Classroom Instruction [7 Sessions]			April 2-12 April 15-23
Week 1: Mon-Fri	8:30-5	5:30 p.m.	
Week 2: Mon-Tue	8:30-5	5:30 p.m.	
Four clinical session scheduled once cla		int Joseph Medical Co	enter will be
Mary Kay Hobby	A-323, IVCC	CCE-1730-04	\$2,695
Mary Kay Hobby	A-323, IVCC	CCE-1730-09	^{\$} 2,695
IVCC's Sleep Tech	hnician Basic Trai	ning course is accrea	lited by the

American Academy of Sleep Medicine. In order to meet the AASM's requirements, the clinical training portion of the course will be at Presence Saint Joseph Medical Center in Joliet, an AASM-accredited sleep center. Prerequisites for the clinical portion include: background check, vaccination titres, TB skin tests, flu shot, and a drug test. For more information, call: 815-224-0207.

Healthcare Career Programs

Exploring Careers in Healthcare

[Certified Medical Administrative Assistant & Pharmacy Tech]

These programs are offered in partnership with Condensed Curriculum International, Inc. (CCI). Available to both working adults interested in a new career and current professionals, these short term training programs will help you prepare for entry level jobs in healthcare. The free information session will give prospective students information on job outlook, certification requirements and the course content for the Certified Medical Administrative Assistant and Pharmacy Technician classes, as well as payment plan options. It is recommended that you check out the local market and attend this session BEFORE registering for

110 010	grama.			
Tue	6-7:30 p.m.	Feb 5	1 Session	
Staff		CEX-9952-302	Free	

Find out more about payment plan options by calling 815-224-0207. Payment options are available for students registered by February 13, 2013.

Pharmacy Technician Program

This comprehensive 50-hour course will prepare students to enter the pharmacy field and take the Pharmacy Technician Certification Board's PTCB exam. Technicians work in hospitals, home infusion pharmacies, community pharmacies and other health care settings under the supervision of a registered pharmacist. Course content includes medical terminology specific to the pharmacy, reading and interpreting prescriptions and defining drugs by generic and brand names, dosage calculations, I.V. flow rates, drug compounding, dose conversions, dispensing of prescriptions, inventory control and billing and reimbursement. Prerequisite: A high school diploma or GED plus a solid background in math. Textbook and materials are included in the course fee. Cost of the PTCB exam is NOT included in the course fee. Job assistance is not available for this program.

Mon/Wed	6-9:30 p.m.	Mar 20-May 8	15 Sessions
TBA	C-325, IVCC	CCE-1720-300	\$999

Certified Medical Administrative Assistant [CMAA]

This comprehensive 50-hour course prepares students to function effectively in many of the administrative and clerical positions in the health care industry. This program covers important background information on the medical administrative profession and interpersonal skills, medical ethics and law, medical office terminology, basics of insurance billing and coding, telephone techniques, scheduling appointments, medical records management and management of practice finances. This program is intended to provide students with a well-rounded introduction to medical administration so that a student can gain the necessary skills required to obtain a medical administrative assistant position in the health care field. Textbooks and materials are included in the course fee. The Certified Medical Administrative Assistant Exam (CMAA) will be administered by the instructor at the end of the training program for those students interested in securing national certification. Cost of the CMAA exam is NOT included in course fee. Job assistance is not available for this program.

Tue/Thu	6-9:30 p.m.	Mar 19-May 7	15 Sessions
TBA	C-325, IVCC	CCE-1740-300	\$999

Nursing

Heart Matters: All Things Cardiac

Join Barb Bancroft for a day on cardiovascular pathology. Barb will cover CV anatomy and correlate pathologic changes that occur in children and adults, congenital heart disease, early onset of cardiac disease in kids due to diabetes, congestive heart failure, atrial fibrillation, hypertension, atherosclerosis, valvular heart disease, and more. Barb will also discuss the cardiovascular exam for the practicing nurse: if you only have 5 minutes how would you examine the heart? If you have 30 minutes how would you examine the heart? And finally, drugs, drugs, drugs...from anti-hypertensive agents to anti-arrhythmic agents to anticoagulants to anti-platelet drugs and more. [5 CE Hours]

Thu	8:30 a.m3 p.m.	Apr 11	1 Session
Barb Bancroft	C-316, IVCC	CPD-3231-04	\$99



Barb Bancroft

Barb Bancroft is a fascinating and highly informative national speaker whose dynamic presentation style makes learning complex health topics easily understandable. Many can write books on health and conduct seminars, but very few can make them thoroughly informative and entertaining.

Ed2Go Nursing Take it Online! www.ed2go.com/ivcc

CEU's for Nurses through Allegra Learning Solutions, LLC. Allegra Learning Solutions is accredited as a provider of continuing education in nursing by the American Nurses Credentialing Center's Commission of Accreditation.

Courses Begin Monthly.

See page 33 for registration directions.

Certificate in Complementary and Alternative Medicine [22 Contact hours] Co

ourse Number: C	CPD-3504	\$189

Certificate in Pain Assessment and Management [24 Contact hours] Course Number: CPD-3505 \$159

Certificate in Gerontology [44 Contact hours] Course Number: CPD-3506

Certificate in Legal and Ethical Issues in Nursing [23 Contact hours] Course Number: CPD-3508 \$159

Certificate in Integrative Mental Health [19 Contact hours] Course Number: CPD-3512 \$135

Massage

Reiki Level I

Learn about Reiki energy and how it helps you to relax, reduce stress, and helps you to clear your emotional and physical anxiety throughout your day. Anyone can learn Reiki meditation and Reiki hand positions. You will learn how Reiki was founded and came to the United States and spread throughout the world, the five precepts and ethics, hand positions and the color and locations of the seven chakras. Adding Reiki to your massage therapy offers your client more than just relaxation; it helps balance the energy vortexes (chakras) in the body and mind. Please bring a sack lunch and a twin sheet set to class. Textbook provided. This course has been approved for 7 CE hours by the NCBTMB. Prior to the workshop participants MUST undergo at least one full Reiki Session. Please call 815-252-1656 to set up an appointment and for additional information. Instructor Tina Dittle is a Reiki Master Teacher of Usui and Karuna Reiki. She is certified in Reiki-ssage and Reiki-reflex and an affiliated member of the International Center for Reiki Teaching. S

Sat	9 a.m5 p.m.	Mar 23	1 Session
Kristina Dittle	G-202B, IVCC	CPD-3101-03	\$139

Your Massage Toolbox: Individual Techniques for the Cervical Spine

Attendees will be introduced to approximately 40 individual massage techniques for the cervical spine. Each technique will be accompanied by a brief explanation as to how, when, and why each is utilized in a cervical treatment; what are the indications and contraindications for each technique; whether each technique is appropriate in a clinical based and/or wellness based session; and what are the anticipated effects of each technique. A demonstration of each technique and hands-on practice time will be incorporated into this "Tool Box" class for the cervical spine. Finally, there will be a brief review of the cervical anatomy. Lunch is on your own, students may bring a sack lunch if preferred. Please bring a twin sheet to class. Massage Therapists will receive 7 contact hours for continuing education credit through the state of Illinois. Sun on

Sun	8 a.m4:30 p.m.	Mar 10	1 sessio
Michael Hovi	G-202B, IVCC	CPD-3137-03	\$139





Mike Hovi has been practicing Clinical Massage Therapy since 1991 in Woodstock, IL. He has been teaching general massage classes since 1998, CE's in Clinical Massage Techniques and Sports Massage since 2002, and has taught a CAM class to medical students at the University of Illinois-Chicago since 2003. Additionally, Mike has worked as a sports massage therapist at the Winter Olympics in Salt Lake City and the Summer Olympics in Athens, Greece.

The Massage classroom and lab has been moved from Building 11 to its new location in Building G/Gym in the upper level. Lab classes will be held in G-202D and classroom will be in G-202B.

\$199

Teachers [CPDU]

The Interactive Lecture

In classrooms across the country, teachers work hard to prepare solid lectures on course content. All too often, early into the lecture, the student tunes out or turns off. The new Interactive Lecture Model strives to engage students throughout the lecture, using a variety of tools to hook the brain, teach the content, and foster retention. Susan Goodale will provide more than a dozen ways to make a classroom lecture an interactive experience, for both educators and students, for deep learning and long-term retention. Teachers will receive 3 CPDUs for successful completion of this class.

Thu	5:30-8:30 p.m.	Mar 21	1 Session
Susan Goodale	C-316, IVCC	CPD-1623-303	\$59

Welcome to the Flipped Classroom!

Teachers around the country are turning their classrooms upside down, or more precisely, flipping their classrooms. One school district in central Illinois has made the flipped classroom the model for their entire high school. The flipped classroom is one in which teacher lecture is viewed at home or after school via computer, and what would be considered "homework" in a traditional sense, takes place the next day in the classroom. No longer are students "glazed over", disengaged, or inattentive. Instead, they are immersed in hands-on active and experiential learning. Susan Goodale presents the basic philosophy, research, steps, and resources necessary to go home and flip your classroom for one day, a week, or an entire school year. Teachers will receive 3 CPDUs for successful completion of this class.

Tue	5:30-8:30 p.m.	Apr 9	1 Session
Susan Goodale	C-316, IVCC	CPD-1128-304	\$59

Online CPDU classes

Take it Online! CPDU Courses for teachers start monthly! Visit www.ed2go.com/ivcc for a full listing of courses available to teachers. Each class is 6 weeks long. Earn 24 CPDUs for successful completion of each course. Call 815-224-0427 for more information.

Differentiated Instruction in the Classroom - Improve your ability to teach diverse learners with real-world examples from elementary, middle, and high school classrooms.

Course Number: CPD-2204	24 CPDUs	\$99

Solving Classroom Discipline Problems - A veteran teacher reveals the secrets to an orderly classroom. A step-by-step approach to effective, positive discipline.

Course Number: CPD-2208 24 CPDUs \$99

Response to Intervention: Reading Strategies that Work - Learnresponse to intervention (RTI) strategies that ensure the strugglingreaders in your classroom get the help and education they need.Course Number: CPD-220124 CPDUs\$99

Teacher [Graduate]

The Strategic Teacher: The Right Research-Based Strategies and Approaches at the Right Time

MSE 5 CI 202

Are you looking for high-impact, research-based strategies and teaching models to transform your students into high-achieving and inspired learners? This course offers a repertoire of strategies, plus the opportunity to gain expertise in a specific model of delivery explored through a professional learning community format. All participants will use a Strategic Dashboard, developed by Strong, Silver, and Panini to direct learning through more than 20 strategies and a teaching model of their choice. At least 6 models of instruction will be provided. Three hours of graduate credit will be received from Quincy University. A textbook will be provided on the first day of class for \$10 per book, payable to the instructor. Beverages and meals will be on your own.

Course meets on the following dates:

Friday, Mar 22	5-9 p.m.	Saturday, Mar 23	8 a.m4 p.m.
Friday, Apr 12	5-9 p.m.	Saturday, Apr 13	8 a.m4 p.m.
Friday, May 3	5-9 p.m.	Saturday, May 4	8 a.m4 p.m.
Susan Goodale	C-316, IVCC	CPD-1624-303	\$445



Reaching and Teaching E.L.L. Students in Every Classroom

MSE 5 CI 203

A growing challenge for students and teachers alike is the increase in English Language Learners in all levels of instruction: Kindergarten through Grade 14. The E.L.L. student has the double challenge of learning content and the language, culture and background knowledge, and often social and emotional skills for success. This course will address more than 40 strategies to use with E.L.L. students in diverse content areas and at diverse grade levels. Participants will come away with tools to scaffold instruction, differentiate instruction, teach content, and address the new Common Core Learning Standards in the regular division classroom. The teaching strategies can also be used to scaffold instruction for students with special needs or those who might find school challenging.

Three hours of graduate credit will be received from Quincy University. The book to accompany this class will be available at the IVCC Bookstore.

Beverages and meals will be on your own.

Mon-Fri	8 a.m4 p.m.	Jun 10-14	5 Sessions
Susan Goodale	TBA, IVCC	CPD-1925-06	\$445

Food Service

Upplied Food Service Sanitation [15 hour course]

Applied Food Service Sanitation is designed to assist the manager or potential manager apply sanitation principles in the operation of a food service establishment. Students will learn to identify the causes of food-borne illness, identify and apply correct procedures for cleaning and sanitizing, recognize problems and potential solutions associated with facility, equipment, and layout. The Illinois code related to food service establishments will be discussed. During the last session students will take the Illinois Food Service Certification exam. This class is required for certification as a food service manager. Students receive 1 hour of college credit for successful completion of this course. **Two textbooks are required for this class:** *ServSafe Essentials, 6th Edition* **and the** *Illinois Food Sanitation Code Handbook*. **Textbooks are available at the**

IVCC Bookstore.

TVCC DOORStore.			
Mon/Thu	5-8 p.m.	Jan 28-Feb 14	6 Sessions
Mary Krasnican	Rm 101	FSS-1200-630	\$96.77
i un de la companya d	Ottawa Center		
Mon/Thu	5-8 p.m.	Mar 18-Apr 4	6 Sessions
Sara Smith	Rm 101	FSS-1200-631	\$96.77
	Ottawa Center		
Mon/Thu	5:30-8:30 p.m.	Apr 1-18	6 Sessions
Jan Schuster	D-319, IVCC	FSS-1200-300	\$96.77
Mon/Thu	5-8 p.m.	May 6-23	6 Sessions
Mary Krasnican	Rm 101	FSS-1200-632	\$96.77
n ha	Ottawa Center	Est.	

Food Service Sanitation Refresher [5 hour course] This refresher course fulfills the Food Sanitation Recertification requirements as adopted by the Illinois Department of Public Health. Any person currently holding a Food Service Sanitation Manager's License MUST take an approved recertification course in order to renew his/her license. This class must be taken before the license expires. Please bring your Food Sanitation Certificate Card and a photo I.D. to the first class. CEU: .5

Mon/Thu Mary Krasnican	5-7:30 p.m. Rm 101 Ottawa Center	Feb 25 & 28 CEU-1501-632	2 Sessions \$49
Mon/Thu	9-11:30 a.m.	Mar 25 & 28	2 Sessions
Jan Schuster	C-325, IVCC	CEU-1501-03	\$49
Mon/Thu	5-7:30 p.m.	Apr 22 & 25	2 Sessions
Mon/Thu Mary Krasnican	5-7:30 p.m. Rm 101	Apr 22 & 25 CEU-1501-634	2 Sessions \$49
	Ottawa Center		*
Mon/Thu	5:30-8 p.m.	May 13 & 16	2 Sessions
Jan Schuster	D-319, IVCC	CEU-1501-305	\$49
*This instructor re	equires students to b	ring a copy of the IL F	food

Sanitation Code Book to class.



Applied Food Service Sanitation [15 hour course]

Mon/Thu	5:30-8:30 p.m.	Jun 3-20	6 Sessions
Jan Schuster	D-319, IVCC	FSS-1200-300	\$96.77
Mon	5-8 p.m.	Jul 8-25	6 Sessions
Sara Smith	Rm 101	FSS-1200-630	\$96.77
	Ottawa Center		

UFood Service Sanitation Refresher [5 hour course]

5-7:30 p.m.

Ottawa Center

Rm 101

Jun 10 & 13

CEU-1501-636

2 Sessions

\$49

PLEASE NOTE: Ottawa Center is	located at
321 W. Main Street, Ottawa, IL	

DON'T FORGET YOUR TEXTBOOKS!

If you are taking courses at the Ottawa Center, you can have your textbooks delivered to the center at no charge. Order your books online at www.ivccbookstore.com or call the bookstore at 815-224-0311 for more information.

Mon/Thu

Sara Smith

[COMMUNITY EDUCATION]

Personal Technology

Learn to Use Your Kindle Fire

Be on Fire with the Kindle Fire! Start with the home screen, the entry point to all of the fun on the Kindle Fire! Download books, movies, use the internet and email using the Wi-Fi connection on your Kindle Fire. Download your e-books for the classes you might be taking at your local junior college. Navigate and turn pages, change the font size so you can read it, read your local newspaper, build your own library with books you enjoy. There is so much to learn and enjoy about this amazing device.

Fri	9-11:30 a.m.	Feb 15 & 22	2 Sessions
Kathryn Baker	Rm 101	CEX-1208-602	\$45
	Ottawa Center		
Mon/Thu	6-8:30 p.m.	Apr 29 & May 2	2 Sessions
Kathryn Baker	Rm 101	CEX-1208-634	\$45
	Ottawa Center		

Which Tablet Meets Your Needs

Participants will learn the difference between a laptop and a tablet. Compare and contrast the different tablets on the market that will include the new iPad Mini and iPad 4. Explore wireless costs and available plans. Also, explore the world of "apps" for these devices. *Please bring a 2GB flash drive to class.

Mon	6-9 p.m.	Mar 4	1 Session
Doreen Balzarini	A-331, IVCC	CEX-1205-303	\$29

ULearn to Use Your iPad

Join us for a relaxed look at the iPad and all the fun things you can do with it. Navigate your way through the built in features including photos, calendar, and video. Learn what an "app" is and how to get them. You will also learn how to organize and customize your device to suit your lifestyle. There's a lot to love about the iPad

Tue	6-9 p.m.	Mar 19	1 Session
Pamela Klarup	G-203, IVCC	CEX-1207-303	\$39
Tue	6-9 p.m.	Apr 9	1 Session
Pamela Klarup	Rm 101	CEX-1207-634	\$39
	Ottawa Center		
Tue	6-9 p.m.	Apr 23	1 Session
Pamela Klarup	G-203, IVCC	CEX-1207-304	\$39

Photoshop CS5 Introduction

Get creative with all those digital pictures you have been taking and storing! Start retouching and enhancing your digital images with Adobe Photoshop. Through hands-on experience, learn to use some of the powerful tools to edit your photos and images. Class will start with basic skills then add more special techniques like changing the contrast and balance, blurring or re-coloring portions of the photo and correcting defects. Class will be taught on a Macintosh Computer. Please bring a 2GB flash drive to class.

Thu	6-8 p.m.	Apr 11-25	3 Sessions
Vanessa Goslin	B-118	CEX-4950-304	\$59
	Mac Lab, IVCC		

Community Education

Photography

Managing Your Digital Photos

Do you have all these pictures on your memory card and don't know what to do with them after you have printed a few? Learn what to do with all those digital photos you have taken over the years. Students will learn how to transfer photos from cameras to computers, how to store, organize, retrieve, resize and email photos. Students will learn basic resizing/photo editing. Students will learn about online services for storing photos, sharing and printing photos, free photo editing software, storage programs, photo album programs and more. This class will be taught in a Mac Lab, however software and online programs used are compatible to PC use. Students will need a digital camera, memory card, camera cords/or a card reader to put pictures on the computer, and a USB flash drive.

Sat	8:30-11 a.m.	Mar 2-16	3 Sessions
Dixie Schroeder	B-118, IVCC	HLR-2504-03	\$59

Basic Digital Photography [For Beginners]

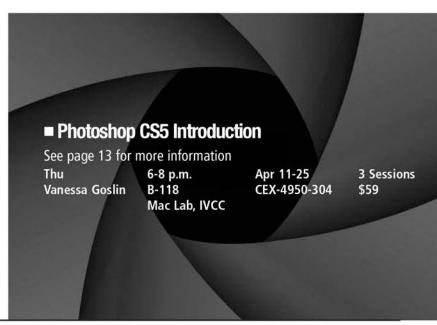
Dixie Schroeder A-323, IVCC

This class is for students who would like to learn basic photography techniques to enhance their digital picture taking skills. Familiarity with camera and computer along with internet will be needed. Camera features, functions, and settings will be discussed. Advice on getting the 'most' from your camera will be given. Photographic composition, close-ups, along with explanations for retrieving and storing photos will be discussed. A portion of this class will include actually taking pictures that will be brought back to the classroom to be worked on. Students will need a digital camera and owners' manual (if possible), a full battery, camera cords/or card reader, and a memory card or USB flash drive. Thu 6:30-9 p.m. Mar 21-Apr 4 **3** Sessions HLR-2501-303

Photographing Wildflowers in the Woodlands

Attention nature and photography lovers! Join freelance photographer David Anderson for a morning presentation of his photographs of the beautiful wildflowers found at Starved Rock State Park. Learn to identify the various species and find out where and when they can be found. In the afternoon, you'll meet at Starved Rock where David will lead you on a nature hike to view, identify, and photograph wildflowers. Students will provide their own transportation to Starved Rock. Course fee includes a pocket wildflower guide book. Please bring your camera, hiking boots, water and a sack lunch

Sat	10 a.m4 p.m.	Apr 20	1 Session
David Anderson	E-213, IVCC	HLR-5203-04	\$43



\$59

Culinary

Knife & Food Preparation Skills

Do you have dull knives? Do you want to learn basic skills for the kitchen? Chef Tim will go through everything you need to know about kitchen knives from purchasing, choosing which knife for the job, use, care, and sharpening. We will also learn about prepping food items for recipes and make a couple of basic recipes with our prepped ingredients. Please bring the following items to class: a cutting board, potato peeler, and your favorite kitchen knife wrapped in a heavy cloth kitchen towel, secured with a rubber band. There is a \$10 material fee payable to the instructor at class.

Mon6-9 p.m.Feb 41 SessionTim FreedRm 100, Bldg.11HLR-3404-302\$29



Ultimate Chocolate

Attention chocoholics! If you love chocolate then you can't miss out on this one. We will examine the process of making chocolate, where it comes from, the different varieties available to us, and of course some wonderful recipes. We will take a look at some of the best chocolate pairings including salt and spicy! Of course chocolate is for dessert, but Chef Tim will show you some other applications as well to add to your recipe book including a chocolate coffee seasoning rub and chocolate soup! There is a \$15 material fee pavable to the instructor at class

Mon	6-9 p.m.	Mar 18	1 Session
Tim Freed	Rm 100, Bldg. 11 IVCC-East Campus		\$29

Classic Sauces I

Chef Tim Freed will show you how to create traditional sauces from all across the globe. We'll examine why sauces are needed, how to make them and learn about the mother sauces. Learn just how simple it is to create dishes that you can make in your home instead of going out to eat. Discover how to make and sample sauces such as lemon buerre blanc, aglio e olio, gravy and tuscan sun dried tomato. There is a \$15 material fee payable to the instructor at class. Mon Tim Freed Rm 100, Bldg. 11 HLR-3414-304 \$29 IVCC-East Campus

Savory Sauces II

Join Chef Tim for the second installment in the popular sauce series where he'll continue to show you how to create more intricate sauces such as mayonnaise and hollandaise. Discover how to make the perfect cocktail sauce, chicken picatta, seafood louie and more. There is a \$15 material fee payable to the instructor at class.

Mon	6-9 p.m.	Apr 15	1 Session
Tim Freed	Rm 100, Bldg. 11 IVCC-East Campus	HLR-3920-304	\$29

Everything's Better With Bacon

Bacon...possibly one of the best parts of the hog, and one of Chef Tim's preferred ingredients. Join us as we examine bacon: how it is made, varieties, and some delicious recipes. Fatty and smoky, bacon makes many dishes shine on a plate. Recipes will consist of an entire meal devoted to the hog's belly including bacon cheddar lard biscuits, bacon potato soup, salad, entrée and a dessert of candied bacon. There is a \$15 material fee payable to the instructor at class.

Mon	6-9 p.m.	Apr 29	1 Session
Tim Freed	Rm 100, Bldg. 11	HLR-3419-304	\$29
	IVCC-East Campus		

Salmon: All You Need to Know and More

Salmon is meaty, luxurious, and healthy. It's Chef Tim's favorite fish of all time! We will look at salmon species, difference of wild caught vs. farm raised, and butchery of a whole salmon. Recipes will consist of oven roasted salmon, salmon mousse spread, smoked salmon salad, and more. Whether you want to be more health conscious in your choice of food; learn more about how to cook fish, or have never tried preparing salmon at home but always wanted to, this is a class you cannot afford to miss. There is a \$20 material fee payable to the instructor at class.

Mon	6-9 p.m.	May 6	1 Session
Tim Freed	Rm 100, Bldg. 11	HLR-3418-305	\$29
100 miles - 100 miles	IVCC-East Campus		

Community Education

Trips

Tuesday, March 12

Gourmet Chicago

What's included: motorcoach transportation, visit to four gourmet Chicago establishments, lunch and hands-on lesson at Scoozi, professional tour guide, all gratuities and refreshments.

Start the day in the historic neighborhood of Chicago's Old Town. Enjoy a visit to two of Old Town's most famous shops - The Spice House and The Fudge Pot. The history of the neighborhood dates back to the 1850s, when folks sold chickens and produce on the dirt street that is now occupied by several theaters, eclectic restaurants and The Spice House. The Spice House grinds and blends their spices by hand, in small batches, to bring you the highest guality spices, herbs and seasonings available. Spices are imported in bulk from all over the world. Discover why professional chef's and home cooks from around the city seek out these specialty spices, and rubs. Next, visit The Fudge Pot, founded in 1963 by Jim Dattalo (a second-generation candy maker) who learned from his uncle (an employee of The Mars Candy Company). All confections are made on location, in full view of passing spectators. They use the freshest ingredients and employ years of experience to make something for any sweet tooth! Enjoy a three course lunch and a hands-on cooking lesson at Scoozi - one of Chicago's trendiest Italian restaurants. Choose from one of four cooking stations: mozzarella cheese making, butternut squash ravioli, gnocchi, or tiramisu. After lunch, we head to the guaint neighborhood of Lincoln Square. Visit The Chopping Block, Chicago's largest gourmet retail store. Not only will you find a large selection of quality cookware and ingredients, but also knowledge and experience to assist the home cook create healthy, interesting meals for their own table. Our final stop will be Gene's Sausage Shop & Delicatessen, a European-style market. In March of 1972, two young brothers from a small farm village in Poland, John and Gene Luszcz, opened a small neighborhood deli specializing in homemade smoked sausage and other Polish delicacies. Drawing upon their family's sausage-making recipes and smoking techniques, John & Gene's gained almost instant popularity and a loyal clientele catering to the largely Polish Chicago neighborhood anchored by St. Ladislaus church. Gene's features 40 types of smoked sausages, fresh meats, prepared foods and European imported specialties. Artisan handmade sausages are made fresh on-premise every day by traditional sausage-makers from Europe, and fresh meat is served up the old-fashion way, cut straight out of the meat cooler by trained butchers. Take your home kitchen to the next level! You'll soon be saying to your friends and family..."Bon Apetit"!

Paris Rendezvous

Thursday, April 18

What's included: motorcoach transportation, professional guided tour of Parisian influence in Chicago, gourmet lunch at Cyrano's Farm Kitchen, French cabaret performance, visit to Chicago's French Market, all gratuities and refreshments.

Chicago is a sister city of Paris, and its influence can be savored right here without ever going to the airport! This morning, experience Chicago's love affair with the "City of Lights," from median plantings which beautify the boulevards, to elegant touches incorporated into buildings and the French "savoir faire" of food and service. Enjoy a gourmet three course meal in a beautiful bistro, Cyrano's Farm Kitchen, while you are treated to a mesmerizing private performance of authentic French cabaret music. Cyrano's is the longest established restaurant along Chicago's beautiful River Walk. The restaurant was named after the celebrated Frenchman Cyrano de Bergerac, the legendary dramatist, poet and duelist from Bergerac, Durand's birthplace, who symbolizes "La Grande Passion" with its love of good food, historic buildings and general je ne sais quoi. Enjoy Chef Didier's classic farm fresh cuisine - good food is always on the table and love is always in the air. The day concludes with a visit to Chicago's French Market. Chicago French Market came about with the movement in America to support local farmers and artisans and bring back the European-inspired marketplace, providing year-round, permanent access to local bounty. No other setting would be more perfect for this than the adaptive reuse and transit-oriented development, MetraMarket. The Bensidoun family, the largest market operator in and around Paris since 1953, co-developed the market with Chicago-based U.S. Equities Realty, and operates and manages Chicago French Market. Pick up some tasty "souvenirs" for the journey home! Ooh-la-la!

Time: 7:30 a.m.-6:30 p.m. Where: IVCC, Parking Lot #4 Course: HLR-8302-404 Fee: \$119

Time: 7:30 a.m.-6:30 p.m. Where: IVCC, Parking Lot #4 Course: HLR-8220-403 Fee: \$139

Community Education

Trips

FRANK LLOYD WRIGHT**experience**

Tuesday, May 14 & Wednesday, May 15

What's included: motorcoach transportation, all meals, overnight accommodations, guided tours, professional tour guide, all tour fees, gratuities and refreshments.

While Frank Lloyd Wright's designs can be found throughout the world, much of his life's work is located in southeastern Wisconsin. Join IVCC on an overnight trip to Spring Green and Madison, Wisconsin to explore Frank Lloyd Wright architecture with renowned guide, Bill Hinchliff. With Bill's insight, discover Wright on a new level as an architect, interior designer, writer, and educator who designed more than 1,000 structures and completed 500 works. Both brilliant and eccentric, you will enjoy this deeper look into Wright's life. Our exploration will begin with a visit to Madison, Wisconsin. We will have lunch at Capitol Chophouse before touring Monona Terrace Convention Center, designed in 1938, but not built until 1997! Tour the Unitarian Meeting House and the James I home, which will be open exclusively for our tour, as they are not normally open to the public. Enjoy dinner and overnight at the House on the Rock Resort in Spring Green, WI. In the morning, we will depart for Taliesin. Tour the Hillside Complex, which includes the architects workroom for Taliesin Associates and view the Romeo & Juliet Windmill, the oldest extant structure on the grounds. The second part of your tour will focus on the house itself, known as Taliesin III, because of major fires that led to two extensive rebuilding projects. Walk inside the great house, where you will see Wright's studio/office, the famous living room with its band of windows overlooking the valley, the library, and some of the bedrooms. We will have lunch at the Riverview Terrace Café before departing for our final stop at the Unity Chapel and cemetery to visit the gravesite of Mamah Borthwick Cheney. Known for his organic architecture, creating harmony with humanity and its environment, Frank Lloyd Wright has been named the "greatest American architect of all time" *There will be moderate walking and standing on this trip..

To request a full brochure call: 815-224-0427. Reservations for this program are limited to 35 passengers.

Departure:9 a.m., Tuesday, May 14 Return: 6 p.m., Wednesday, May 15 Where: IVCC, Parking Lot #4 Double Room Rate: \$447 register for HLR-8304-405 Single Room Rate: \$502 register for HLR-8304-415 Triple Room Rate: \$425 register for HLR-8304-425 Quad Room Rate: \$414 register for HLR-8304-435



Thursday, June 20

What's included: motorcoach transportation, lunch at le Jardin, guided tour of McCormick Museum, admission and tram tour at Morton Arboretum, gratuities and refreshments.

Lovely scenery and historic sites await you at Cantigny and the Morton Arboretum. In the morning, visit the mansion and grounds of Colonel Robert McCormick's home, Cantigny, where the 500-acre park boasts formal gardens, picnic and camping areas, as well as the McCormick and First Division museums. We will have a guided tour of the McCormick Museum, viewing the first floor of the home. After the tour, you will have the opportunity to either take a self-guided tour of the First Division Museum or wander through some of the 22 individual gardens that encompass 29 acres of Cantigny's vast grounds. Enjoy a delightful lunch at Le Jardin. located adjacent to the Cantiony Visitor Center. Following lunch, we will continue on to the Morton Arboretum, where you will find 1,700 acres of trees, flowers and shrubs from around the world. Also on the grounds are a children's garden, maze garden and Visitor Center. A guided, open air tram tour will take you through the acres of colorful flora and fauna when we arrive. The Arboretum was founded in 1922 by Morton Salt magnate Joy Morton. Arboretum grounds offer an oasis of magnificently tended trees and gardens. Enjoy free time to explore the grounds at your leisure before we depart for home. *This trip will be held rain or shine and there will be walking during this trip and stairs at the McCormick museum.

Time: 8 a.m.-6:30 p.m. Where: IVCC, Parking Lot #4 Course Number: HLR-8305-406 Fee: \$98 Summer Class Registration



Trips

Want Up-to-Date Information About IVCC Bus Trips?

Illinois Valley Community College has offered day trips to the community for over fifteen years. Originally started by Jan Phillips, the program has grown tremendously. We strive to provide engaging programs that are not only memorable and unique, but also educational.



If you have an idea for a bus trip, we would like to know about it! IVCC coordinates guided day trips as well as extended multi-day trips. Past day trips have included: architecture tours, ethnic neighborhoods, historic sites, Chicago Botanic Garden, Milwaukee, Dubuque, Springfield, plays and musicals, and culinary tours to name a few. In the past six years we have offered overnight trips to destinations such as Door County, Mackinac Island, St. Louis, Gettysburg, and even Niagara Falls, Ontario. Be the first to know about up-coming bus trips, seat availability and added programs. *Call us today to be included on our mailing list or e-newsletter.*

Find out why hundreds of community members choose IVCC day trips! We invite you to sit back, relax, and let us take care of all the details!

Call the IVCC Continuing Education Center at 815-224-0427 or email Kim_Koehler@ivcc.edu for more information or to be included in our email travel updates!

"One of the deep secrets of life is that all that is really worth doing is what we do for others." - LEWIS CARROLL



Meet Kim Koehler, your IVCC Trip Coordinator. Kim has been with the college for nearly four years, having trained with IVCC's well-known Jan Phillips prior to her retirement. Coming from a background in parks and recreation, Kim coordinates community and youth enrichment programs as well as IVCC's trip program.

Gardening

igvee Suitable Plants for Problem Spaces

This is a great class for municipal employees as well as volunteers. Focus will be on plants that thrive in harsh conditions as well as placement and design of these areas.

Thu	6-8 p.m.	Feb 7	1 Session
Stephanie Stacy	Rm 103	HLR-5220-632	\$29
	Ottawa Center		

U Starting Seeds Indoors

Learn how to start your garden indoors by planting seeds. Soil, lighting, seeds, watering and fertilizing will be discussed. Find out how to raise beautiful plants successfully for your spring garden. Grow common plants, as well as flowers and vegetables not offered at nurseries. Learn how to grow plants organically with less chemicals, save money, and the environment. If you like, bring garden gloves and an apron to this hands-on class. We will get you started at class by planting some flower or vegetable seeds to take home. Please bring a \$5 material fee payable to the instructor at class.

Sat	9 a.m12 p.m.	Feb 16	1 Session
Darlene Ray	Rm 101	HLR-5211-602	\$29
10 A	Ottawa Center		

U The Cure for Cabin Fever [What's New for 2013]

What's new this spring in the garden? Discuss the new and exciting varieties for 2013. This is the perfect time to start planning your annual containers, vegetable garden and landscape with all the hottest picks for the up-coming spring. See the current trends in garden and container décor. This is sure to be an enjoyable evening that will cure the most serious case of Cabin Fever!

Thu	6-8 p.m.	Feb 28	1 Session
Stephanie Stacy	Rm 103	HLR-5207-632	\$29
	Ottawa Center		

🕖 Landscape Design: Hands-on Basic Design

Basic landscape design principles will be introduced during this class. We will be using the IVCC Ottawa Center as a project, designing the north side of the campus. We will additionally be planning a separate date to install the project based on the class design. Students will have the opportunity to learn, draw, and install a complete landscape design. This is a great first step in learning how to plan a beautiful, eye appealing landscape.

Class d	loes n	ot meet	: March	14, 21.

Thu	6-8 p.m.	Mar 7-Apr 4	3 Sessions
Stephanie Stacy	Rm 103	HLR-5222-633	\$49
	Ottawa Center		

Gardening

Growing a Vegetable Garden Without a Yard

Explore options in growing vegetables. Focus will be on vertical gardens, container gardens, and other ways to grow vegetables. 1 Session

Tue	6-8 p.m.	Mar 19	1 Se:
Stephanie Stacy	Rm 104	HLR-5221-633	\$29
	Ottawa Center		

U The "My Thumb is Black, Not Green" Class

Finally a class for those who have a "not so" green thumb! Basic landcape and gardening lingo, tips, and how to keep it all alive will be topics included in this course. This is great for beginners and even advanced gardeners will walk away with some new ideas to keep their gardens thriving.

Tue	6-8 p.m.	Apr 2	1 Session
Stephanie Stacy	Rm 101	HLR-5223-634	\$29
	Ottawa Center		

Perennials, Perennials and more Perennials!

With so many options, perennials can be overwhelming. Focus will be applied to new and unusual varieties for the coming season, as well as easy to grow perennials.

Thu	5:30-7:30 p.m.	Apr 11	1 Session
Stephanie Stacy	Rm 101	HLR-5224-634	\$29
	Ottawa Center		

U Thriller, Filler, Spiller: Plant Your Garden Containers Like a Pro

S You may have seen some amazing containers and baskets around town or at a friend's house. Now you can learn the theory for creating beautiful planters with a hands-on container class. Class will be held at Garden's Gate for an experience that will transform your annual pots from typical to outstanding. Participants may bring empty, clean planters or purchase them. Plant material, soil, and basket liners will also be available for purchase. Remember: we will be planting your containers, so don't forget your gloves and gardening attire. Material costs payable to the instructor vary depending on student material selections.

Sat	2-4 p.m.	May 4	1 Session
Stephanie Stacy	Garden's Gate Ottawa	HLR-5225-405	\$19
Sat	2-4 p.m.	May 11	1 Session
Stephanie Stacy	Garden's Gate Ottawa	HLR-5225-415	\$19



U Thriller, Filler, Spiller: Plant Your Garden Containers Like a Pro

Sat	2-4 p.m.	May 18	1 Session
Stephanie Stacy	Garden's Gate Ottawa	HLR-5225-425	\$19
Sat	2-4 p.m.	May 25	1 Session
Stephanie Stacy	Garden's Gate Ottawa	HLR-5225-435	\$19

UGrowing, Preserving & Cooking with Herbs

This class will teach you all about herbs, especially the culinary herbs. You will learn about common herbs as well as those less common but equally useful and heavenly scented. Learn to grow herbs, about seeds and plants, how to cook with them, which ones are toxic, and how to preserve, dry and store them properly. This class will make a lot of "scents"!

Sat	9 a.m12 p.m.	Jun 8	1 Session
Darlene Ray	Rm 101	HLR-5212-606	\$29
	Ottawa Center		



Darlene Ray

Darlene Ray has been gardening since she was 10 years old. She is a Master Gardener and a member of the Garden Writer's Association. Darlene is a weekly garden columnist for the Ottawa Times.

Stephanie Stacy



Stephanie Stacy is the owner of Garden's Gate Garden Center and Landscape Company located in Ottawa. She holds two horticulture degrees and has extensive experience in landscape design and greenhouse growing. She has been in the green industry

Community Education

Music

IVCC Jazz Ensemble

Have you ever wanted to participate in a jazz ensemble? This course provides a study of style and techniques used in the jazz idiom. This course is open to all wind instrument players as well as piano, guitar, bass and drum set players. Students will also participate in public performances throughout the semester. **Prerequisite: Performance ability on a wind instrument, piano, guitar, bass or drum set**.

Students must own their own instrument. Late enrollments accepted.Tue6:30-9 p.m.Jan 15-May 1418 SessionsTim KarthD-223, IVCCHLR-5116-301\$25

"Instructor very enthusiastic - loved the class!"

🕖 You Can "Uke"

Catch the ukulele wave. It's a simple instrument to play, sweet to hear, and always a kick, a wonderful way to relax with friends on a porch or in your backyard. The ukulele's popularity comes from its ease to learn and play. This course is designed to get you up and strumming. The course instruction covers basic chords and strums, along with open jamming. Please trim long finger nails before class. Course fee includes materials valued at \$35 including a ukulele, pitch pipe, and song book. Registration deadline for this class is: Feb 8.

Sat	9-11 a.m.	Feb 23	1 Session
Todd Volker	Rm 103	HLR-5114-602	^{\$} 79
	Ottawa Center		
Sat	1-3 p.m.	Feb 23	1 Session
Todd Volker	C-325, IVCC	HLR-5114-02	\$79

Instant Piano for Hopelessly Busy People

If you're like most adults, you don't have the time to take piano lessons once a week. It's time consuming and what you really want to do is sit down at the piano and "play a tune". It is possible to learn the secrets of the trade and all the chords you need for years of musical enjoyment in just one morning! In class you will learn how to play several songs and then practice your technique at home using an exclusive audio CD designed by your instructor. If you can find middle C and know the meaning of "Every Good Boy Does Fine", you already know enough to register for this class with confidence. There is a ^s28 lab fee payable to the instructor in class for your spiral textbook and audio CD for practice at home.

Mon	6:30-9:30 p.m.	Apr 15	1 Session
Craig Coffman	C-316, IVCC	HLR-5107-304	\$45

Instant Guitar for Hopelessly Busy People

Have you always wanted to learn the guitar, but simply can't find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. The best part – you don't need to take private lessons to do it! This crash course will teach you basic chords and get you playing along with your favorite songs right away. Topics include: how chords work in a song, how to form the 3 main types of chords, learn to tune your guitar, basic strumming patterns, how to play along with simple tunes and what to look for when buying a good guitar. Bring your acoustic guitar and a ^s29 material fee to the instructor at class for an instructional book and DVD. For more information on this workshop, check out the website: www.instantguitarnow.com.

Craig Coffman C-316, IVCC HLR-5110-304	\$45

Nor:

20 Continuing Education 📕 📕 📕 Register by:

y: [phone] 815.224.0447

15.224.0447 [fax] 815.224.6091

[mail] registration form on pg. 32

Dance

Wedding Reception Survival

Tired of making small talk at the table while everyone else is having fun on the dance floor? Learn to survive most social occasions by mastering the reception basics – Electric Slide, Cha Cha Slide, Swing, and Waltz, as well as some great slow dance moves. **Please sign up with a dance partner and both persons must register.*

Tue	7-8:15 p.m.	Feb 5-Mar 12	6 Sessions
Jane &	Small Gym	HLR-5108-402	\$56
Rodney Schomas	Oglesby Lincolr	n School	

Foxtrot

Introduction to Foxtrot is a beginner's level dance class. Learn basics and some bronze level turns. The Foxtrot is a smooth progressive dance characterized by long, continuous flowing movements across the dance floor. It is danced to big band music, and the feeling is one of elegance and sophistication. **Please sign up with a dance partner and both persons must register.*

		-	
Tue	8:15-9:30 p.m.	Feb 5-Mar 12	6 Sessions
Jane &	Small Gym	HLR-5121-402	\$56
Rodney Schomas	Oglesby Lincoln	School	

Beginning Swing

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You'll learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel! **Please sign up with a dance partner and both persons must register.* No Class: Feb 28.

Thu	7-8:15 p.m.	Feb 7-Mar 21	6 Sessions
Jane &	Small Gym	HLR-5102-402	\$56
Rodney Schomas	Oglesby Lincolr	n School	

West Coast Swing

Learn basic West Coast Swing and footwork to take you up a level. The dance allows for both partners to improvise steps while dancing together, putting West Coast Swing in a short list of dances that put a premium on improvisation. **Prior dance experience is a must!* **Please sign up with a dance partner and both persons must register.*

No Class: Feb 28.



Intermediate Swing

"So ready for our daughter's up-coming wedding! This was great!"

You've taken beginning swing and want more, but don't feel ready for the advanced class. This is the class for you! Learn intro to the Charleston, more turns, and intro to closed dance position among others. This class is a great follow up to the Beginning Swing class. *Must have at least one beginning swing class completed.* **Please sign up with a dance partner and both persons must register.*

Thu	7-8:15 p.m.	Apr 11-May 16	6 Sessions
Jane &	Small Gym	HLR-5118-404	\$56
Rodney Schomas	Oglesby Lincolr	Oglesby Lincoln School	

Advanced Swing

Now that you have the 6-count mastered, let's take on some fancier footwork! Learn some of the more intricate parts of swing dance – turns, advanced footwork, the Lindy Hop and Charleston moves. *Please sign up with a partner and both persons must register.

Thu	8:15-9:30 p.m.	Apr 11-May 16	6 Sessions
Jane &	Small Gym	HLR-5103-404	\$56
Rodney Schomas	Oglesby Lincoln	School	

Outdoor Education

Basic Bicycle Maintenance

If you ride a bike, you need this class! In this hands-on workshop, you'll learn how to lube a chain, fix a flat tire in record time and make other minor adjustments to your bike. Learn the basics of keeping your bike in good condition in the off-season. No experience required and no need to bring your bike. A list of tools to bring to class will be sent to students prior to the beginning of class. Matt Martin has worked as a bicycle mechanic for over 5 years, currently at Vitesse Cycle in Normal. Matt is also an adjunct professor at IVCC in the art department.

Sat	5-7 p.m.	Apr 13 & 20	2 Sessions
Matt Martin	C-316, IVCC	HLR-7305-304	\$35

Native Skills 1

So you want to be a survivalist? This hands-on, experiential class will teach you the survival skills natives used to live in the wild. Learn awareness techniques to blend and flow with your environment. See how to read tracks in difficult soils and follow trails others simply cannot see! Discover how to make rope from natural materials. Try making a fire by the native bow drill friction method. Understand how to make a teepee fire structure and how to find natural tinder. Experience firsthand the wilderness skills of awareness, tracking, and survival at Illinois Valley Community College. All classes are held outdoors and require a knife with a 3" blade; you may also want to bring note-taking materials, lunch, and water. Please dress appropriately for outdoor conditions. Class limited to 10 students, must be 18 years of age or older. Jason Thompson is a professional educator with over 12 years of experience training and teaching awareness, tracking, and wilderness survival skills, as well as outdoor/environmental education and team-building to children and adults throughout the Illinois and Wisconsin areas. n

Sat	10 a.m3 p.m.	Apr 13	1 Session
Jason Thompson	C-326, IVCC	HLR-5307-04	\$39

Native Skills 2

Want to improve your survival skills? Learn advanced techniques natives used to be comfortable living in the wilderness. Discover tracking techniques that show why people get lost in the woods as well as learning how to lost-proof yourself. See how to read above-ground signs to follow trails. Practice primitive throwing stick hunting skills, make a figure-4 deadfall trap, and see how a rolling snare works. Understand how to naturally find, filter, and purify water in the wild, as well as how to make a coal-burnt bowl and utensils. Learn how to make fire by friction with the hand drill method. All classes are held outdoors and require a knife with a 3" blade; you may also want to bring note-taking materials, lunch, and water. Please dress appropriately for outdoor conditions. Class limited to 10 students, must be 18 years of age or older.

Sat	10 a.m3 p.m.	Apr 27	1 Session
Jason Thompson	C-325, IVCC	HLR-5306-04	\$39

Green Technology

Small Wind Generators

Have you ever wondered if you could save money on electricity by installing a small wind generator at your home? Learn what wind energy is, how it works, and what it can do for you. In addition, Dr. Vogl will discuss components of wind generators, tower height, how to choose a site for the tower, as well as current legislation and zoning of wind towers. Bring one of your electric bills, a notepad, and a calculator to determine the savings on a typical month's performance of a wind tower versus your current source of electricity. Drs. Robert and Sonia Vogl. both retired professors from Northern Illinois University, have presented programs on alternative energy and solar electricity in over a dozen countries. They have installed a 3.2 kilowatt grid-connected photovoltaic system and a one kilowatt wind generator which provides 70% of their home electrical power. They are active in preserving natural areas and have dedicated 60 acres of their 180 acre home farm to prairie and woodland restoration projects. Robert and Sonia are founders and officers of the Illinois Renewable Energy.

Sat	9:30-11:30 a.m.	Feb 23	1 Session
Robert Vogl	C-325, IVCC	HLR-5521-02	\$35

Basics of Solar Electricity

Due to the growing demand for clean sources of energy, the use of solar cells to convert sunlight into electricity has expanded dramatically in recent years. Learn the basics of photovoltaics, also known as solar energy. Dr. Vogl will explain what it is, how it works, and the advantages of a solar system. The cost of installation of a PV system as well as sources of financial assistance will also be discussed. If you are thinking about using the sun's energy as a source of electricity in your home, this class is a great place to get started.

Sat	9:30-11:30 a.m.	Mar 16	1 Session
Robert Vogl	C-325, IVCC	HLR-5522-03	\$35

Community Education **HOMESTEADING CONFERENCE**



Homesteading Conference

IVCC's Continuing Education Center will present a one day Homestead Conference on Saturday, April 6, 2013. Learn the ins and outs of growing, raising and preserving your own food, as well as how to turn your passion into a business. Participants will have a choice of four sessions throughout the day, in addition to the closing general session at the end of the conference. A light lunch will be provided.

Apr 6

Sat

8 a.m.-5 p.m. C-316, IVCC

1 Session HLR-5527-04 \$79

Conference Schedule -

8-8:30 a.m.: Conference Check-In

8:30-9 a.m.: Welcome & Opening General Session Why Homegrown and Handmade?

(Deborah Niemann-Boehle & Cathy Lafrenz) Last year, Deborah and Cathy each talked about their top three reasons for moving towards a more self-reliant lifestyle. This year, they'll tell you why they continue to grow their own and make things from scratch, and why they buy from local farmers

9:15-10:30 a.m.: Break-Out Sessions (choose one)

Goats as the Centerpiece of a Diversified Homestead

(Deborah Niemann-Boehle) Did you know that goats can provide you with milk, meat, and fertilizer? Cover the basics of raising goats and then talk about what it takes to make your own soap and a variety of cheeses, yogurt, butter, buttermilk, and meat, including summer sausage or charcuteries. Discuss whey and milk as fertilizer, as well as the basics of composting. You'll never need to buy fertilizer again.

Canning for Dummies

(Cathy Lafrenz) Canning may seem intimidating but is really quite simple. We will be talking basic terms, equipment and safety. Walk away with lots of recipes and the knowledge that ... Yes, you 'can'!

10:45 a.m.-12 noon: Break-Out Sessions (choose one) Fiber Animals for Fun and Profit

(Deborah Niemann-Boehle) Whether you have a hundred acres or just a couple, you'll discover what type of fiber animals will work for you. Learn about fiber from rabbits, goats, sheep, and camelids (llamas and alpacas), as well as the basics of caring for fiber animals, how to harvest fiber and process it for selling.

Freezing and Dehydrating

(Cathy Lafrenz) Often the starting point of any home preservation plan, freezing and dehydrating are easy ways to keep your summer bounty. From blanching to trail mixes, talk about what equipment is needed for successful storage. Eliminate costly waste from your food budget by a little organization and planning.

12 noon-1 p.m.: Lunch Break (lunch is included)

1-2:30 p.m.: Break-Out Sessions (choose one) Backyard Poultry 101

(Deborah Niemann-Boehle) If you want eggs or meat, adding chickens or turkeys to your homestead can be a wise investment. Learn where to buy chicks and poults, how to make a homemade brooder, and what to feed them. Discuss breed choices, housing options, and end of life alternatives for layers and meat birds.

Homestead Business

(Cathy Lafrenz) How can you make money from your homestead? We will talk business and marketing plans, realistic goals and legalities. Come prepared to share your own dreams so that we may help you achieve them.

2:45-4:15 p.m.: Break-Out Sessions (choose one) Marketing Your Farmstead Products

(Deborah Niemann-Boehle) Discuss the 4 Ps of marketing (product, promotion, place, and price) and how you can apply them to what you want to sell, whether it is on the farm, at a farmer's market, or online. Discover how you can market your products for free using social media such as Facebook and blogs.

High Density Gardening

(Cathy Lafrenz) Small area? Let's talk how to grow the most vegetables out of your space. Companion planting and fertile soil can make the difference. High density gardening will expand your pantry, let me show you how.

4:15-5 p.m.: Closing General Session

Creating a Lifestyle (Cathy and Deborah)

How does life change for better or for worse when you move towards a more self-reliant lifestyle? We'll talk about meals, cooking, vacations, vehicles, home businesses, homeschooling and more!

Deborah Niemann-Boehle and her suburban family moved to 32 acres in the middle of nowhere to begin a homesteading lifestyle eleven years ago. Today they produce 100% of their own meat, eggs, dairy products, maple syrup and a large portion of their fruits and vegetables. Deborah is the author of Homegrown and Handmade. To learn more visit www.antiquityoaks.com.

Cathy Lafrenz started Miss Effie's Country Flowers and Garden Stuff in 2002. She has an acre in cut flower production. Cathy has been featured in Midwest Living and The Radish Magazine. Her farm is an Animal Welfare Approved farm and was named an emerging partner site for Silos and Smokestacks.

Senior Matters



Don't Put Off the Inevitable [Talking to Your Aging Parents]

Are you currently, or will you become, the primary caregiver for your parents as they age? Do you know where your parents want to live when they can no longer safely live where they are now living? Will they move in with you? Are there any health issues that will determine where they can or cannot live? What can they afford?and the questions continue! Talking to your parents about their health, where they will live and how they will pay for it can reduce the stress of making quality of life decisions in the midst of crisis without being prepared. These conversations can help avoid several crises, and will provide you with many more options. This class will give you tools and strategies to talk with your parents about these "tough topics". It will help you identify which of the 4 biggest mistakes people make in having these conversations and what you can do about it to save time, energy, and money as your parents age and their needs change.

Tue	6-9 p.m.	May 7	1 Session
Susan Hayward	C-316, IVCC	HLR-7506-305	\$35



BIO

Susan Hayward, PCC

Susan has a passion for eldercare coaching that came after her own family struggled with the care of her aging parents and she realized that simply by being prepared, the experience can be so much different. Susan is a graduate of Falling Awake Life Coaching School, and is a certified Professional Life Coach. Susan has an extensive background in social service programming.

UCaregivers Thriving!

[Caring For Yourself to Better Care for Others]

You may be a primary caregiver by choice or by default. Whatever the reason, caring for a loved one is time consuming, energy-draining, overwhelming, isolating, emotional and exhausting. Learning to care for yourself is essential to the success of your role as a primary caregiver and your own physical, mental, and emotional health. Take this interactive workshop to identify, prioritize, and create your own self-care plan to re-gain the energy and vibrant health needed to effectively "care give" and live your own life with clarity, focus, and increased ease.

Sat	9 a.m12 p.m.	Mar 23	1 Session
Susan Hayward	Rm 101 Ottawa Center	HLR-7509-603	\$35
Sat	9 a.m12 p.m.	Apr 20	1 Session
Susan Hayward	C-325, IVCC	HLR-7509-04	\$35

Advocate Successfully with Professionals and Family Members

As the primary caregiver for your ill or aging loved one (parents, spouse, sibling, or child) you will often need to advocate for the quality of life and care your loved one needs and deserves. Learn to speak powerfully and without preconceived ideas about what it is you are able to get with improved advocacy skills. What you learn in this workshop can be used with family and friends as well as with professionals and organizations that provide care for your loved one. As you hone your prioritizing skills, you will see results that change the quality of life for you as the primary caregiver and for those who receive your care. 1 Session Thu 6-9 p.m. Apr 11 C-316, IVCC Susan Hayward HLR-7508-304 \$35

Dollars & Sense

USo You're Buying Your First Home

Five easy steps to owning a home! All the important steps to home ownership will be covered: the loan process, knowing the housing market, home selection, appraisals, home inspection and the closing. This session is free, but you must register at IVCC.

Tue	6:30-7:30 p.m.	Mar 12	1 Session
Tracy Tunnell	C-316, IVCC	CDV-5008-303	Free
Thu	6:30-7:30 p.m.	Apr 18	1 Session
Tracy Tunnell	Rm 101	CDV-5008-634	Free
	Ottawa Center		

■ It's Decision Time [Understand Medicare & Medicaid]

Join in an informative and interactive program that will provide you with a better understanding of Medicare and Medicaid. Topics will include Medicare eligibility and enrollment, the benefits of Medicare Parts A and B, the costs that Medicare leaves you to pay and an overview of the standardized Medicare Supplemental Plans in addition to Medicaid "spend-down" requirements. This program is appropriate for people becoming eligible for Medicare, caregivers of people who are on Medicare and current Medicare beneficiaries who would like a refresher course on their benefits.

Tue	6:30-8 p.m.	Apr 2-16	3 Sessions
Dick Volker	E-213, IVCC	HLR-1113-304	\$29

Focus on Fixed Income

Whether you are currently working or enjoying retirement, being able to generate income for yourself is becoming more and more important. This course will educate you on how you can utilize your savings and investments to produce an income stream. A variety of investments will be covered including cd's, government bonds, annuities, and dividend paying stocks/mutual funds. *Clint O'Brien has a finance degree from Illinois State University and has earned the Certified Financial Planner designation. He works as a financial advisor in Mendota. Clint is an active board member at the Mendota Golf Course and Mendota Area Chamber* of Commerce.

Wed	6-7:30 p.m.	Apr 3-17	3 Sessions
Clint O'Brien	E-213, IVCC	CDV-5012-304	\$35

UAppealing Your Property Tax Assessment

You will learn about the property tax appeal process and the steps required to appeal an assessment. Learn to read and understand a property tax assessment and how it is calculated. Find out about property tax exemptions and how to apply for them.

Sat	9 a.m12 p.m.	Apr 6	1 Session
Robert	E-213, IVCC	CDV-5014-04	\$25
"Chico" Perez			
Sat	9 a.m12 p.m.	Apr 13	1 Session
Robert	Rm 101	CDV-5014-604	\$25
"Chico" Perez	Ottawa Center		

Reduce Your Insurance Costs

[AARP Driver Safety Program]

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and over. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident, and know when to retire from driving. At completion of this course; students will receive a certificate that can be presented to their automobile insurance holder that may entitle them to a discount. Attendance is required both days to receive the certificate at the end of class. There is a \$12 fee for AARP members (with AARP membership card); and a \$14 fee for non-members payable at class. Please arrive a half-hour early for the first day of class.

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Mon/Tue	12-4 p.m.	Apr 22-23	2 Sessions
Jeff Michael	C-316, IVCC	SRS-1112-04	Free

A Women's Guide to Money Matters

This class is designed for women of all ages. Take control of your finances by examining your values and set specific, realistic and measurable goals. Learn what you can do now to prepare for retirement, ways to generate income in retirement, and options to pay for a child or grandchild's education. You will leave this class with strategies to help you achieve your financial goals.

Wed	6-7:30 p.m.	Apr 24-May 8	3 Sessions
Clint O'Brien	E-213, IVCC	CDV-5017-304	\$35

Mind, Body, Wellness

Breathing for Life

Body, breath and mind are interrelated and breathing properly is conducive to health and well being. Proper breathing alleviates anxiety, improves sleep, circulation and immune system functioning and calms and relaxes the mind. Bring a blanket, and dress comfortably for an exploration of the mechanics and benefits of natural breathing. This is a great opportunity for an introduction to breathing techniques used in yoga. Learn how to breathe for life!

Wed	6:30-7:30 p.m.	Feb 20-Mar 6	3 Sessions
Dan Retoff	B-216, IVCC	HLR-6108-302	\$29
	Fireplace Lounge		

Beginning Yoga

Yoga uses gentle stretching, relaxation and breathing techniques to help you build strength, flexibility and endurance. Come away more relaxed, limber and feeling better! Yoga philosophy and its application to everyday life will be covered. Wear comfortable, loose fitting clothes and athletic shoes and bring a towel or yoga mat and a sweater.

Wed	6:30-7:45 p.m.	Mar 20-Apr 24	6 Sessions
Dan Retoff	B-216, IVCC	HLR-6101-303	\$45
	Fireplace Lounge		



Running for Recreation & Fitness

Learn about recreational and fitness running events and opportunities for all ages and both genders in La Salle County and adjacent counties. Items to be discussed will include, but are not limited to, Kid's Running Clinic, Women's Running Clinic, group running, individual running, and races of various lengths. There will be a question and answer period. This is an instructional discussion led by members of Starved Rock Runners. There is no fee for this program, however registration is requested in advance.

Mon	7-8:30 p.m.	Apr 8	1 Session
Starved Rock Runners	C-316, İVCC	HLR-6215-304	Free

Self Esteem Basics For Women

This lively interactive workshop provides female participants with helpful information and successful strategies to develop a healthy sense of self. Seek strategies for self-discovery, energize yourself, learn to say "no", and find time to self-nurture. Jean Batson-Turner is an experienced educator, ordained minister, and founder of Shalom Ministries for Women, with over 20 years of experience in counseling and facilitating groups and workshops in the area of women's self-empowerment.

Sat	9 a.m1 p.m.	Mar 2	1 Session
Jean	G-203, IVCC	HLR-6610-03	\$35
Batson-Turner			
Sat	9 a.m1 p.m.	Apr 13	1 Session
Jean	Rm 103	HLR-6610-604	\$35
Batson-Turner	Ottawa Center		

Learn to Relax with Reiki

Experience this relaxation method that is easy to learn for oneself or to share with others. Reiki is a vibrational healing art that promotes balance on every level: physical, mental, emotional, spiritual, and even our interaction with the people and places in our daily lives. Reiki can be described as a ray (REI) of sunshine giving us warmth and light giving us the key (KI) energy to relax, reflect, and respond. Anyone can learn Reiki for themselves to relax and enjoy each day, and to share with others, from a touch of the hand to the series of hand placements. In one day you will learn the history of Eastern and Western Reiki, Chakra energy vortexes, how to meditate to relax, hand placements for self and others. The best part is giving and receiving Reiki during a practice session. Bring a set of twin sheets to cover the massage table and a sack lunch. There will be an optional book available for purchase from the instructor. Instructor Tina Dittle, is a Reiki Master-Teacher of Usui and Karuna Reiki. She is an affiliated member of the International Reiki Association and Therapeutic Massage & Reiki Professionals.

Sat	9 a.m4 p.m.	Apr 20	1 Session
Kristina Dittle	G-202B, IVCC	HLR-6419-04	\$125



Creative Arts



Art Appreciation: How to Look at Art and Get Something Back

Have you ever looked at an artwork in a prominent museum and wondered "Why is that so valuable?" Have you ever wondered why artists make the things they make? Are you completely lost about what art is supposed to mean? This three-session course will answer all of these questions. After a brief introduction as to what makes something an artwork, you will learn five concrete steps of how to look at an artwork and understand what it means. Use those steps to look at and interpret art on your own. This process will enable you to access the valuable experiences that can be prompted by art. This class is excellent for beginners and experts alike, and valuable for both art viewers and art makers. Mel Keiser is an adjunct faculty member at IVCC and also teaches Visual Arts at Joliet Junior College. She holds a BFA from Illinois Wesleyan University and an MFA from Edinboro University of Pennsylvania. She is a member of the Chicago Artist Coalition and Society of Children's Bookwriters and Illustrators.

Fri	6-9 p.m.	Feb 22-Mar 8	3 Sessions
Mel Keiser	C-316, IVCC	HLR-7602-302	\$45

Acrylic Painting Basics

Learn the tools of painting with acrylic paint. Copy an image onto a painting surface with drawing materials and then learn how to paint the image into a credible likeness of the original. Students will complete a landscape painting project in this two-day class. The tuition fee includes most materials that will be used in class including canvas and paint. A letter will be sent to students prior to class with a supply list, including a list of brushes that will be purchased by the student prior to class. Registration deadline: Mar 29. Matt Martin graduated from Illinois Wesleyan University with his BFA and the University of Wisconsin-Madison with an MFA, MA. In the past he has taught continuing education classes at the University of Wisconsin including art and woodshop. He currently works as an adjunct faculty member at IVCC.

Sat	1-4 p.m.	Apr 13-20	2 Sessions
Matt Martin	B-109, IVCC Art Room	HLR-1108-04	\$59

Beginning Self Portrait Workshop

If you've thought about wanting to draw and paint a self-portrait, but don't know where to start, join us for this two part workshop. On day one we will learn how to correctly draw the human face. On day two, we will learn basic color mixing and use wet-on-wet painting technique to create a self portrait in oils. Take home a finished work and the knowledge and skills to continue on your own. **Students should bring** a sack lunch to class. The tuition fee includes most materials that will be used in class including paint, brushes, trowel, canvas, and sketchboard. A list of additional supplies will be sent to the student prior to class. Registration deadline: Apr 12. Mel Keiser is an adjunct faculty member at IVCC. She holds a BFA from Illinois Wesleyan University and an MFA from Edinboro University of Pennsylvania. She is a member of the Chicago Artist Coalition and Society of Children's Bookwriters and Illustrators.

Sat	10 a.m4 p.m.	Apr 27-May 4	2 Sessions
Mel Keiser	B-109, IVCC	HLR-1106-04	\$119
	Art Room		

Fabulous Faux [Suede-Rustic-Modem]

Want to achieve a soft blend of colors on your wall? There is an easier faster way than ragging, by using a special wool roller and glaze. Learn from a professional faux painter, who shows beginners "ulcer free" ways to have an office look like leather, how to have Western or Southwestern walls, and contemporary children's rooms. Learn how metallic, stripes and dry brushing can change ordinary looks to great looks. Please bring a paint shirt. A required material fee of \$29 is payable to the instructor the night of class. The student will receive a painting kit containing a custom roller and DVD. This kit is different from the kit provided in the Classic-Tuscan-Metallic class.

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Mon	6-8:30 p.m.	Apr 15	1 Session
Linda Coffman	B-101, IVCC	HLR-5528-304	\$45
	Art Room		

■ Fabulous Faux [Classic-Tuscan-Metallic]

Save money and learn a faster, easier way to use paint to replicate Old World, stone-like walls, and classic looks for a traditional theme. Learn how to add "bling" from metallics. Linda Coffman. professional decorative painter with 15 years experience, shows beginners some tricks of the trade such as 'how to have perfect edges', as well as money saving tips to help you rescue your walls. Please bring a paint shirt. A required material fee of \$29 is payable to the instructor the night of class. The student will receive a kit containing a custom roller, pan and DVD to accomplish these looks. 6-8:30 p.m. Apr 22 1 Session Mon Linda Coffman B-101, IVCC HLR-5506-304 \$45 Art Room

Creative Arts

Spring Easter Basket

This market style basket is made with natural and color reed. It would be ideal for spring & Easter. Students will learn basic start and stop technique. Choose from a variety of colors. The finished basket measures approximately 6" x 10". Wear comfortable clothes and bring a sack lunch. There is a \$35 material fee payable to the instructor on the day of class. **Registration deadline: Feb 22**.

Sat	9 a.m2 p.m.	Mar 2	1 Session
Pat Duffy	B-101, IVCC	HLR-2158-03	\$39
	Art Room		

Wine Caddy Basket

This practical, yet beautiful basket will carry two wine bottles. The finished basket measures approximately 8" x 5" x 8" not including the handle. Students will use the start and stop technique to learn how to insert different color overlays. Wear comfortable clothes and bring a sack lunch. There is a \$38 material fee payable to the instructor on the day of class. Registration deadline: Mar 29.

Sat	9 a.m2 p.m.	Apr 6	1 Session
Pat Duffy	B-101, IVCC	HLR-2159-04	\$39
	Art Room		

Wooden Bottom Door Basket

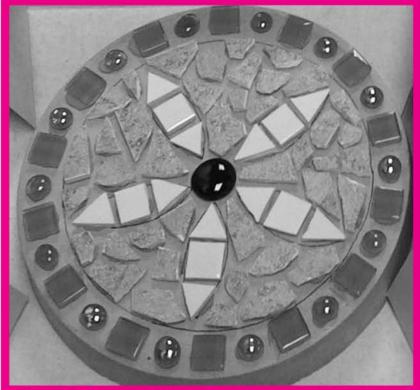
Make this stunning basket for Mother's Day or just as a gift for yourself. This basket will hang on a door or a wall. Students will weave from a wooden base with contrasting colors and finish with an oak handle. The finished basket measures approximately 5" x 10" x 10". Wear comfortable clothes and bring a sack lunch. There is a \$40 material fee payable to the instructor on the day of class. **Registration deadline: Apr 26.**

Sat	9 a.m2 p.m.	May 4	1 Session
Pat Duffy	B-101, IVCC	HLR-2104-05	\$39
	Art Room		

Casserole Carrier Basket

This is a useful and sturdy wood bottom basket to carry a 9" x 13" casserole or cake pan. This is a beginner level class. This basket is woven on a wooden base and finished with a pair of bushel handles. The finished basket measures approximately 9" x 13" x 4 ½". Wear comfortable clothes and bring a sack lunch. There is a \$40 material fee payable to the instructor on the day of class. Registration deadline: Feb 1.

Sat	9 a.m2 p.m.	Feb 9	1 Session
Pat Duffy	B-101, IVCC Art Room	HLR-2157-02	\$39



Garden Stepping Stone Mosaic I

Discover the art of mosaics as you complete a beautiful stepping stone for your garden. For beginners, you'll learn the basic techniques to make a stone that will weather and decorate your garden. This is a first step to mosaics and once you complete this piece you will see endless possibilities to be transformed by mosaics. Please bring a \$16 material fee to the first class. JoEllen Fiorentini has created numerous garden mosaics from bowling balls to birdbaths. With a degree in Art from Illinois State University, she has been decorating Bergners for over 30 years. As a member of the Utica Garden Club, she has been inspired to bring art to her garden. Mon/Wed 6-8 p.m. Feb 25-Mar 6 4 Sessions

JoEllen Fiorentini B-101, IVCC Art Room Feb 25-Mar 6 HLR-2742-302

4 Sessions \$39

Pictured: actual piece created in class.

Garden Mosaic II "You Pick the Project"

Advance your mosaic skills. This class is for students who have taken the Garden Mosiacs I: Garden Stepping Stone class. The techniques learned in the first class will be applied to a mosaic project of your choice. The student must supply their own project piece (ie. birdhouse, fairy house, bowling ball or pin, flower pot, etc.) with prior arrangements discussed with your instructor one week prior to the start of class. Students will also be able to design and supply pieces of tessarae for their mosaic project. Please bring a \$15 material fee to the first class.

Mon/Wed	6-9 p.m.	Mar 25-Apr 10	6 Sessions
JoEllen Fiorentini	B-101, IVCC	HLR-2767-303	\$81
	Art Room		

Creative Arts

Soapy Suds Adventure

Learn the basics of soap making and a brief history of different methods. Customize your own skincare formula by choosing natural ingredients and plant based essential oils. You will make a one-of-a-kind glycerin soap with skin loving ingredients as well as a sugar scrub or lip balm to take home. Instructions and recipes will also be offered for use at home. Learn the importance and benefits of creating handmade skincare in small, controlled batches. Join us on a Soapy Suds Adventure and experience every step of this fun & interesting craft! Great for sensitive and problem-prone skin! Please bring a clean 6-8 oz. recycled container to class. There is a \$15 material fee payable to the instructor on the first night of class. Class will be held at Georgie's Little Flower Soaps, 229 West Main, Ottawa, in the Dept. 229 Building. Dawn Rorem has been creating handmade, natural-herbal skincare formulas for the last five years. She is an avid gardener and uses herbs and botanicals from her own garden in the products she creates. Dawn began making her own skincare products after she experienced an intolerance to commercially made, chemical laden products.

Sweet Scents

11 a.m2 p.m.	Feb 16	1 Session		
Georgie's Little	HLR-2766-402	\$35		
Flower Soaps, Ott	tawa			
11 a.m2 p.m.	Mar 16	1 Session		
Georgie's Little	HLR-2766-403	\$35		
Flower Soaps, Ottawa				
nts				
11 a.m2 p.m.	Apr 13	1 Session		
Georgie's Little	HLR-2766-404	\$35		
Flower Soaps, Ott	tawa			
11 a.m2 p.m.	May 11	1 Session		
Georgie's Little	HLR-2766-405	\$35		
Flower Soaps, Ott	tawa			
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Ucreative Gourd Art [Next Step]

There are 32 different types of gourds that you will learn about in this second level to gourd art. Beginners are welcome. You will work with various types of gourds as you learn how to clean the inside and prepare the outside surface for using as the base for a variety of techniques including painting, sculpting, and carving. Learn how to turn the common gourd into a work of art that you can keep for years to come. Tools used in class will be provided by your instructor. There is a \$20 material fee payable to the instructor on the first night of class. Registration deadline: Feb 5. No class: Mar 12. *Bill Ferguson is a member of the Illinois Gourd Society and American Gourd Society. He has been working with gourds for many years. Bill has a background in Art Education and Art History from Southern Illinois University.*

Tue	6-8 p.m.	Feb 12-Mar 26	6 Sessions
Bill Ferguson	Rm 101	HLR-2302-632	\$75
2	Ottawa Center		

Sell Your Treasures on ETSY - NEW 2 Session Format

Attention all artists and vintage lovers! The hottest way to sell your artwork or vintage items is online at Etsy.com. Learn what to do and what not to do to open an Etsy shop. Pick up tips on photographing your items, writing effective item descriptions, integrating with social media sites, and simple ways to optimize search engine results. Learn how to set up your Etsy shop in the first session and then the second session will be more in depth and hands on with your online Etsy shop.

Tuesday, Feb 26	6-9 p.m.		
Tuesday, Mar 5	6-8 p.m.	2 Sessions	
Pamela Klarup	A-208, IVCC	CEX-4611-302	\$79



"Carve a Personalized Print"

Create a relief print of your child (or grandchild), a friend, a pet, or an animal. Learn basic printmaking techniques, such as carving, inking, and printing to create your own unique print block. Students should bring a 4" X 6" CLOSE-UP photograph of their child (or grandchild), a friend, a pet, or an animal to class. *Close-Up Photograph: A photograph taken from a short distance that gives a very detailed picture, such as a picture that frames the face and shoulders. Please bring a sack lunch to class. All materials are included in the course fee. Jun 8 1 Session Sat 9 a.m.-1 p.m. B-101, IVCC Vanessa Goslin HLR-2760-06 \$48 Art Room

Online Fashion Design [see page 8 for more information]

Achieve your sewing and design goals in a virtual classroom led by Eric W. Stiles, Sr., a Master Tailor and Designer with over 35 years of experience at Giorgio Armani, Polo-Ralph Lauren, Robert Vance, and others. Classes are offered in basic sewing construction, pattern drafting, alterations and draping.

A full course listing is available on-line at www.ivcc.edu/cec. Select 'Continuing and Professional Education'.

Glass Art

Hot Glass Experience I

Glassblowing is a technique that was invented by the Phoenicians around 3500 years ago; now you will have the opportunity to learn the art of working with studio glass! Students will learn about the history of hot glass, introduction to equipment, and safety precautions. This is an introductory level class. Each student will complete two paperweights during this class; a standard paperweight and a jellyfish paperweight. Students will learn a shaping technique rather than a blowing technique. Paperweights must cool in an annealing oven at the studio overnight before they can be taken home. Class will be held at the Starved Rock Hot Glass Studio in Ottawa. There is a \$10 material fee payable to the instructor at class.

Sat	1-4 p.m.	Feb 9	1 Session
Laura Johnson	Starved Rock Hot Glass, Ottawa	HLR-2748-402	\$59
Tue	5-8 p.m.	Feb 12	1 Session
Laura Johnson	Starved Rock Hot Glass, Ottawa	HLR-2748-432	\$59
Sat Laura Johnson	1-4 p.m. Starved Rock Hot Glass, Ottawa	Mar 2 HLR-2748-403	1 Session \$59
Sat Laura Johnson	1-4 p.m. Starved Rock Hot Glass, Ottawa	May 4 HLR-2748-405	1 Session \$59

Hot Glass Experience II

In this second level class, students will learn the actual blowing process in working with hot glass. Each student will complete two blown glass vessels, picking their own colors and choosing from a cup, jar, or candleholder. Completed projects must cool in an annealing oven at the studio overnight before they can be taken home. Pre-Requisite: All students registered for Hot Glass Experience II must have completed Hot Glass Experience I prior to taking this course. Class will be held at the Starved Rock Hot Glass Studio in Ottawa. There is a \$10 material fee payable to the instructor of the class.

Sat	1-4 p.m.	Mar 30	1 Session
Laura Johnson	Starved Rock Hot Glass, Ottawa	HLR-2751-403	\$69
Sat	1-4 p.m.	Apr 13	1 Session
Laura Johnson	Starved Rock Hot Glass, Ottawa	HLR-2751-404	\$69

Hot Glass Experience classes will be held at: Starved Rock Hot Glass Studio, 700 W. Main St., Ottawa, IL.



Laura Johnson

Laura Johnson, first became interested in the art of glass blowing on a school field trip to the Sofa Show in Chicago. She graduated from the University of Illinois with a Bachelor Degree in Liberal Arts and Sciences. During her time in Champaign, she began taking classes from a glass blower in Farmer City; where she learned the art. In 2009, Laura opened Starved Rock Hot Glass in her hometown of Ottawa.

Stained Glass for Beginners

Learn to assemble two stained class projects, one with lead and one with copper foil method. This class will show the techniques of cutting, grinding, and soldering. Upon completion of the course, students will take home both of their works of art. Note: Because you are working with real glass there is a possibility of injury from glass fragments. You may also be exposed to a small amount of lead from the lead strips used in one project and from the soldering process. Chemicals will be used to patina your finished project. If you have any health issues concerning lead, chemicals or small cuts, you may want to consult your physician before enrolling in this class. Please wear old clothes to class, bring a pair of safety glasses, and work gloves. There is a \$65 material fee payable to the instructor on the first night of class. Registration deadline: Mar 14. Tammy Schrowang has operated a stained glass studio since 2000. She first experienced stained glass as a continuing education student at IVCC.

Thu	6-8:30 p.m.	Mar 21-Apr 18	5 Sessions
Tammy	Rm 105, Bldg. 6	HLR-1301-303	\$89
Schrowang	IVCC-East Campus	5	

30 Continuing Education E Register by: [phone] 815.224.0447 [fax] 815.224.6091 [mail] registration form on pg. 32

Youth

ACT Test Prep

Prepare yourself for the ACT College Aptitude Test. You will learn general test-taking skills, answering strategies for handling each type of question, time restraints, and the scoring system. This class is designed to coach you to do your best on the ACT and demystify college admission testing. Preparing for the ACT will not produce perfect scores, but it will improve your score by reducing "test anxiety" that can limit your performance during the exam. Please bring a pen/pencil and notepaper to class. This course meets a total of two sessions. A textbook "Cliff's Test/Prep ACT" is included in the price of this course. Seating is limited for this class. Registration Deadline: Mar 22.

Sat	Apr 6	9 a.m1 p.m.	A-211, IVCC
Sat	Apr 13	9 a.m12 p.m.	E-213, IVCC
Bernie Moore &	2 Sessions	YOU-3501-04	\$85
Cathi Nelson			

■ Kids Gardening: A Gift for Mom [Ages 4-10]

Share a morning with your favorite Jr. Gardener. We will be creating a special gift for Mother's Day. Kids and moms/or grandparent will be able to participate in this fun event together. We will supply all the items needed to create the gift. Remember we will be making a garden gift, so gardening attire is best. Only the child who is participating in the class needs to be registered. This class will be held at Garden's Gate: 611 E. Dayton Road, Ottawa. There is a \$10 material fee payable to the instructor the day of class. Please

call 815-224-0427 to register and indicate how many participants will be attending the class.

Sat	9:30-11 a.m.	May 4	1 Session
Stephanie Stacy	Garden's Gate	YOU-4701-405	i \$19
	Ottawa		

People's Law School

People's Law School

Join area lawyers who will explain in a language you can understand, how America's legal system works and how it can help you in your daily life. Sessions are free of charge, but you must register with IVCC prior to attending class. You are welcome to attend any and all sessions. Classes will meet in Room E-325. If you are unsure of classroom location please stop at the information desk on your way to class.

March 28	"Go Ahead Make My Day" - Illinois Firearm Laws, Part II, including self defense		
April 4	"In Wills We Trust" - Popular methods for estate planning and tax savings		
April 11	"What's Up Doc?" - Health insurance dollars in divorce/family cases		
April 18	"One Free Bite" - Domestic pets and owners responsibilities		
April 25	"A Lawyer in a Time of Need" - Prairie States Legal Services: history and overview		
Thu Cynthia Raccuglia	7-9 p.m. E-325, IVCC	Mar 28-Apr 25 CDV-5101-303	5 Sessions Free

Pre-registration is required for all classes.

Payment is due at the time of registration.

REGISTER NOW:

[Online] www.ivcc.edu/onlinecec

[**By Mail**] ⊠ IVCC Cashier 815 N. Orlando Smith Road Oglesby, IL 61348

[**By Phone**] & Please call (815) 224-0447

[By Fax] 🖹 (815) 224-6091

[In Person] ∰ IVCC – Admissions & Records Room C-210 815 N. Orlando Smith Road Oglesby, IL 61348

REGISTRATION CONFIRMATION

You will receive a confirmation of your registration in the mail. Confirmation will include a schedule, receipt, and information specific to your classes.

REFUND/CANCELLATION POLICY Registrants who cancel up to seven days prior to the start of a course receive a full refund. No refund will be given after that time, although a substitution of individuals is allowed. Registrants who do not attend and do not withdraw from the class will not receive a refund. Cancellations can be made by calling the Continuing Education Center (815) 224-0427.

The Continuing Education Center reserves the right to cancel classes due to low enrollment. If a class must be cancelled by the Continuing Education Center, you will receive a full refund.

Continuing Education Registration Form



Spring 2013 | Visit our website - www.ivcc.edu/cec

Gender: Male Fema	le Admission Status: First	ime college Re-admit
Social Security Number (mi	ust be included)	
Last Name	First Name	eMI
Home Mailing Address		
City	State	Zip County
Phone: Home ()	Business ()	Cell ()
Date of Birth	E-Mail Address	
Emergency Contact Name		Phone()
Employer		
Ethnic/Ethnicity:		
1. Are you Hispanic or La	itino Yes No	
2. Are you from one of the	ne following racial groups? (select all th	at apply)
American Indian/Alaska		Choose not to respond
Black or African Americ	an Native Hawaiian or othe	er Pacific Islander
	rimary racial/ethnic group. (select one)	
American Indian/Alaska		Choose not to respond
Black or African Americ		er Pacific Islander White
	a Visa – Nonresident Alien? Yes No	
	Country of	Origin
Employment Status: (please		
Full-time (FT)	Part-time over 15 hours (PO)	100 5 5 AUX 10 10 10 10 10 10 10 10 10 10 10 10 10
Homemaker (HO)	Unemployed (UN)	Retired (RE)
COURSE NUMBER	COURSE NAME	FEES
		TOTAL
Student Signature:		Date:
PAYMENT INFORMATION		
Check enclosed, payab	le to Illinois Valley Community College	
Please charge my credi	t card for the fees indicated above.	
Master Card Vis	a Discover American Express	3-Digit Security Code
Card Number		Expiration Date
Cardholder's signatur	e	Per Phone

IVCC does not discriminate on the basis of race, national origin, disability, age, religion, sexual orientation or any legally protected classification.



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IVCC

IVCC's Summer Camp for kids and Outdoor Ed'Venture schedule will be out in April 2013.

To request a copy call: (815) 224-0427 Outdoor Ed'Venture week is July 22-25 2013

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